



# MAKE YOUR VOTE COUNT MEN IN THE WORLI VOTE NOW AT FHMINDIA GOM



# CONTENTS 09/15



Take Hindi lessons from Zoa p 06



Deceptive Neetu Chandra p 22



Too absurd to be lawful p 32

**ACCESS** 

#### E-Y-B

#### 16 THE BIG QUESTION 44 F1

You've been breaking all her rules about pal-on-pal casual sex...

#### **18 LAUNCH NEWS**

What's new, what's happening and what the world is talking about... We've got it all here!

#### **26 HOW I DID IT**

Learn how the 40 year old *Limp Bizkit* guitarist pulled it together.

## **30** BEER, BOOZE AND LOVE

Do you know how the hell Oktoberfest started?

# 34 DR MOJO TO YOUR SEXCUE

Got a personal question to ask? Dr Mojo comes to your rescue.

#### 44 F1 2015 MISSES THE FORMULA

Thank god for letting it rain over Malaika... p 56

F1 might've come on new gen consoles, but the chequered flag is a long way away.

#### **46 MUSIC REVIEW**

Jive to the Top 5 music albums of August. There's something for everyone, every mood and every split in your personality.

#### **48 AUDI TT**

With sharper lines and an amazing engine, Audi TT will sweep you off the ground.

#### **52 ANIMAL TRAITS**

You'll be surprised on how we've been aping a much wider spectrum of the animal kingdom, other than simians.

# **FEATURES**

#### **66** JUMPIN' JACK

A global fitness trainer lays down the rudiments of metabolic training.

#### 70 WORLD'S MOST DANGEROUS MOTORSPORT

# **78 WANDERLUST ON WHEELS**

19,000 kms in 6 continents over a period of 6 months! Yeah, that's how crazy they are.

#### **82 PRATT IS A TREAT**

Stephanie Pratt gives a valuable lesson on five signs that she is totally into you.

#### 90 BOOKS FOR MEN

From detective novels to self-help manuals, everything a man needs to know about life.



How to dress up for your watch p 9



Things every man vies for p 110



LG G4: Pricey Excellence p 114

#### **UPGRADE**

#### **104 DOGGIE STYLE**

Much like your fashion sense, your pet pooch defines who you are. So, what's your doggie style?

#### 112 MUSIC TO YOUR EARS

Let your ears be loved with the new Sennhieser Urbanite XL. Wait, it's not your t-shirt size!

# 116 HOT ADVICE FROM A COOL GIRL

How do you plan to ace your first romantic holiday? Let our *FHM* Girlfriend, Rebecca, solve this puzzle for you!

# 120 FINAL COUNTDOWN

10 signs you've been drinking in the same pub for too long!





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#### **EDITOR'S LETTER**

It wasn't so much about the AR Rahman's catchy tune or the breathtaking cinematography that we remember the song best for. Oh yes, there were also flashes of SRK through the video. But what perhaps left us gasping was Malaika moving fluidly on top of a speeding train. *Chhaiya Chhaiya...* and a dancing star was born. A new pin-up girl that represented careless sexiness and mischievous eyes; flawless dance steps and sensual appeal. It's Malaika Arora Khan in a never seen before avatar... and we thanked the rain gods to let it rain on her!

Audi has launched its 2015 model of the iconic TT and we got down and dirty with the damsel. It was everything that we expected... and a tad bit more. Catch the adrenaline pumping review on Pg 48. Between flying from one town to another promoting his new book, we chased down

Amish and asked him all that was worth asking. And he spoke like a true writer. It's all there in his exclusive interview.

We take fashion and style very seriously and this month we tell you how to dress befittingly for your watch. 5 iconic timepieces, 5 distinct styles. You are welcome.

September is a special month for me. Three years ago I welcomed my son, Udai, into this world and everything changed. It's amazing how a small ball of fat and hair can make you treasure the smallest of things and change your perspective on life. The first time he said, "Dad," or when he waddled, tried to find his footing, and held on to my finger. Or his dimpled smile that he flashes at me when I get home. Yes, life is beautiful.

TO THE CENTRE OF MY UNIVERSE. HAPPY BIRTHDAY, MY ROCK STAR!

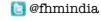
Market Pratage Singh, Editor



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# 

IT'S GREAT TO BE A MAN



Age: 27
Vital Stats:
35:25:36
Born: Ahmedabad
Likes:
Eating, shopping,
travelling
Twitter:
@zoamorani
Instagram:
@zoamorani\_zm



#### **ACCESS**

### FHM: Is Zoa in love with the rainy season?

Zoa Morani: I enjoy rains, it has its own beauty. Mumbai is beautiful in the rains too. But what I really love is to have *garam chai* and *bhajiyas* when it's raining. It has a charm of its own!

# Working behind the camera or in front of it. Which one do you find easier to do?

It's definitely in front of the camera! I wouldn't say it's easy; nothing is easy really. But when you do what you enjoy, it always finds a way of eventually becoming easy, joyful and immensely pleasurable.

Four years and just one movie, was it a conscious decision to lay low and wait for the right opportunity to come back with a bang?

I was working on myself and waiting for the right project to come my way in these past years. During this time, I was enjoying doing theatre. Our plays have been staged at the iconic Prithvi Theatre and NCPA. It has given me a lot of experience and helped me grow as an actor. I'm now ready to be back with a bang!

# We have heard that you were actually honing your Hindi skills all this while. How good have you become now?

(Laughs) Don't you think that any language for a particular art needs tons of practice to grow? So I guess I was and am doing what I must! There is always room to be better and scope for improvement, and hence I'm at it!

## So, would you give us some lessons? Can we join your classes?

Sure! I've learned very shuddh Hindi but the question is, would you be able to afford it!

# Tell us something about your new movie, *Bhaag Johnny*?

Bhaag Johhny is a highly conceptualised film. It's a story about karma and the various repercussions we face as a result of the choices we make in our lives. It's very stylised and the end result of the film is great! I am so happy and honoured to be a part of this kind of a story and am looking forward to seeing how the audience

## receives such a different concept film. What are you doing in the movie?

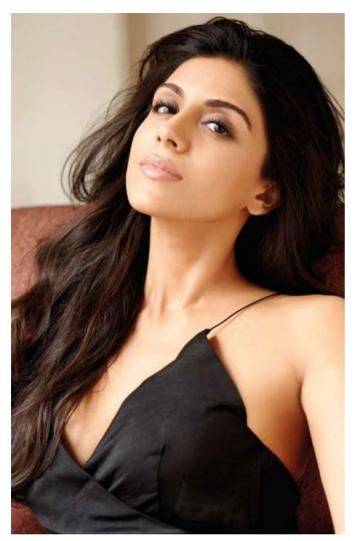
In Bhaag Johnny, I'm playing the role of Tanya, a modern age Indian girl living a simple life in Thailand who happens to find herself in a tricky situation and has no choice but to trust a stranger for her safety. Which one are you closer to in real life—Tanya of Bhaag Johnny or

Nandini of *Always Kabhi Kabhi?*I think I was quite a Nandini in my school days. Tanya of *Bhaag Johnny* is more

sober, soft and simple. Although, I'd say, I'm more of Tanya now than before.

Do you have a college degree? Yes! Bachelor in Arts.







"IN THESE PAST 4 YEARS, I'VE LEARNED SHUDDH HINDI BUT THE QUESTION IS, WOULD YOU BE ABLE TO AFFORD IT?"

### Zoa's life this month



Doing everything with élan.



One look is all that it takes to be smitten.



Red is the colour of the season.



Thinking too much!



# Theatre artists are known to be of serious kind. Are you one of them?

I don't really know what 'serious' means but if you're asking me about being sincere, then yes. Theatre people are very dedicated to their art and work, which makes them-us-sincere. With respect to seriousness, people close to me don't find me serious even a bit!

## What has been the most embarrassing moment for you?

Oh Gosh! I think there are too many for me to really pin point so I think I would

have to pass on this one.

# Where is your favourite holiday destination?

Definitely France. It's ironic since I have been there only as a child, but from my photographs and the movies I have seen, I really want to go there again and I'm sure it is going to be my favourite!

# If you are told to date someone from Bollywood, who would he be?

Wow! I've never thought of that really, but Mr Amitabh Bachchan maybe. (*Laughs*)

Okay. Let's make it a bit more

# personal. Where would you want Mr. Bachchan to take you?

Probably to a cute little *dhaba* for *chai* and *maska pav*!

## What surprise awaits us if we visit you uninvited?

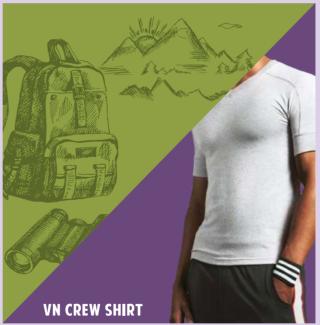
If you land up at my house uninvited, you will probably catch me rehearsing for one of my plays. You may also see me listening to music and decorating my Krishna idol with beautiful flowers and candles. It's my favourite pastime and I'm sure that would really surprise you!

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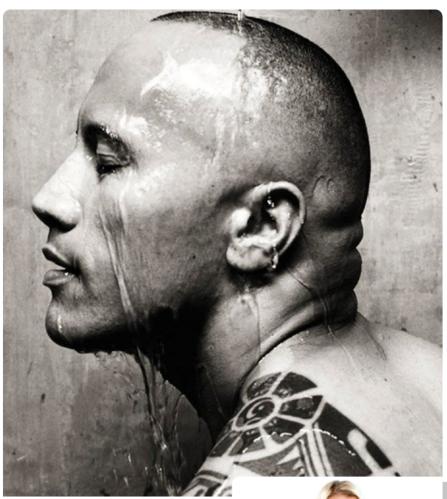


# LETTERS 9/15

#### Get in touch!

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# I smelled what The Rock is cookin'

It is so good to know Dwayne 'The Rock' Johnson so personally. Unlike his demeanour, he is actually a sweetheart. I am actually planning to follow a workout regime that The Rock does. I so want to be like him. He has been my favourite wrestler since the WWF days and now reading about his movies, workout regimes, songs he likes and so many personal things, you guys have just made my day, oops... month. Cheers!

#### Abhishek, New Delhi

We too are his big fans, Abhishek. The first time we got to know that we are gonna be interviewing The Rock, it was chaos in the office. Thanks for the appreciation!

# Naked News is the best news

Thanks guys. This is the best piece of information that you have given in a long ling time. I have subscribed to the news

already and enjoying every bit of it. It is really all about nothing to hide. Have you folks subscribed to it? Do it! It's worth every penny.

#### Nikhil, Bengaluru

We research well on every piece of info we give you, dude. It's good that you like it and subscribed to the news website. We are thinking of starting our own FHM TV very soon. Do subscribe to that as well.

#### From Social Media

Suhas C Salian (31st July)

Aditi Rao Hydari... You temptress...

Rajat Bharadwaj (6th August)

First she stunned in GQ, now in FHM. (For Aditi Rao Hydari)

Ted Goldstein (13th August)

You see bud, there is God. (For Melanie Iglesias)

Pranav Chandran (22nd August)

Got into trouble with parents because of *FHM*. But it was worth it.

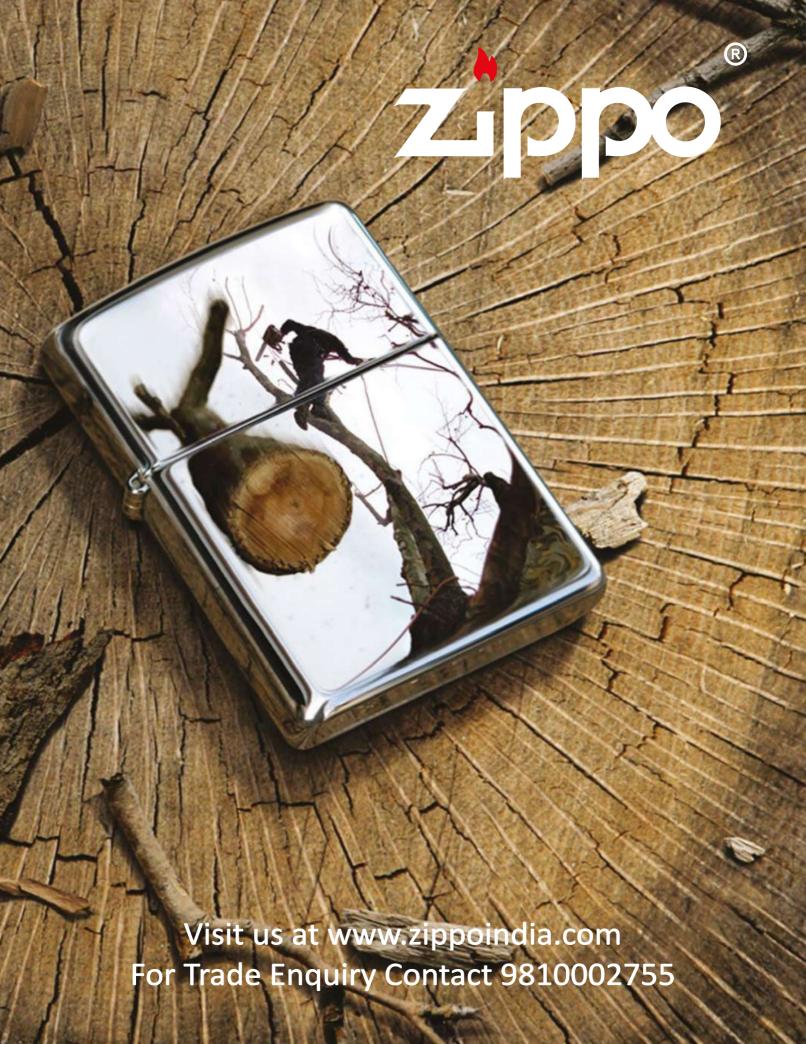


# Stuff my dreams are made of

The cover story revealed a new candid side to Aditi Rao Hydari. In my opinion, she is God's favourite child. I am an ardent fan of hers and this interview has left me completely smitten and dreamy eyed. She adds an aesthetic appeal to the shoot. I guess that's what royalty is all about.

#### Shrey Adarsh, Meerut

Thanks, Shrey. We are glad you liked the shoot. Aditi has a royal charm like no one else. It was equally magical for us to shoot with her



# JOKES

#### **BAD PICKUP LINES**

"I'm going to have sex with you tonight, you might as well be there to enjoy it."

#### **ACCESS**

#### **TAXIFARE**

Naked girl boarded a taxi. Driver stared.
Girl scolded him, "Never seen a naked girl before?
Driver replied "Yes! Seen many before but wondering where you keep your money to pay taxi fare."

#### **NO PUN INTENDED**

Nancy was hosting a party and rushed into the supermarket to pick up a few items. She headed for the express line where the clerk was talking on the phone with his back turned to her. "Excuse me," she said, "I'm in a hurry. Could you check me out, please?" The clerk turned, stared at her for a second, looked her up and down, smiled and said, "Not bad."

#### A BLINDING GAME

Two buddies were out for a Saturday stroll. One had a Doberman and the other had a Chihuahua. As they sauntered down the street, the guy with Doberman said to his friend, "Let's go over to that bar and get something to drink." The guy with the Chihuahua said, "We can't go in there. We've got dogs with us." The one with the Doberman said, "Just follow my lead." They walked over to the bar and the guy with the Doberman puts on a pair of dark glasses and started to walk in. The bouncer at the door said, "Sorry, Mac, no pets allowed." The man with the Doberman said, "You don't understand. This is my Seeing-Eye dog." The bouncer said, "A Doberman pinscher?" The man said, "Yes, they're using them now. They're very good." The bouncer said, "Come on in." The buddy with the Chihuahua figured what the heck, so he put on a pair of



#### READING PSYCHOLOGY

An attractive young woman was sitting alone at a bar. A young man saw her from a distance. "Excuse me, may I buy you a drink?" asked the young man. "To a motel?" she yelled. "No, no. You misunderstood. I just asked if I could buy you a drink." "You're asking me to go to a motel?" she screamed, even more excited. Completely bewildered and embarrassed, the young man

withdrew to a corner. Everybody stared at him indignantly. A little later, the young woman came to his table. "I'm sorry to have created such a scene," she said. "But I'm a psychology student studying human behaviour in unexpected situations."

The young man looked at her and shouted, "What? Hundred dollars for an hour?"

dark glasses and started to walk in. He knew his would be more unbelievable. Once again the bouncer said, "Sorry, pal, no pets allowed." The man with the Chihuahua said, "You don't understand. This is my Seeing-Eye dog." The bouncer said, "A Chihuahua?" The man with the Chihuahua said, "A Chihuahua? They gave me a fuckin' Chihuahua?"

#### **PICTURE PERFECT**

A man moves into a nudist colony. He receives a letter from his mother asking him to send her a

current picture. But being too embarrassed to let her know that he lives in a nudist colony, he cuts a photo in half and sends her the top part. Later, he receives another letter asking him to send a picture to his grandmother. The man cuts another picture in half, but accidentally sends her the bottom half. He is really worried when he realizes that he sent the wrong part, but then remembers how bad his grandmother's eyesight is and hopes she won't notice. A few weeks later he receives a letter from his grandmother. It says,

"Thank you for the picture. Change your hair style... it makes your nose look long!"

#### THAT'S JUST SMART

What's the difference between snowmen and snow-women? Snowballs.

#### **CALL A FRIEND**

A husband and wife are in bed watching KBC. The husband asks for sex. The wife says, "No." Her husband asks, "Is that your final answer?" She responds, "Yes." He says, "Then, I'd like to call a friend."

#### THE SPECIALS

John was stuck in a small town, lost and hungry. He saw a small restaurant and quickly pulled over. He noticed a blackboard with a sign written in yellow chalk, "Today's Special: Vegetable Soup with Fried Chicken and Grilled Vegetables." "I'll take the special", said John to the waiter. As soon as he received the order. John called over the waiter. He was fuming mad. "IS THIS THE SPECIAL!? It says vegetable soup, BUT THERE ARE NO VEGETABLES! The grilled vegetables AREN'T GRILLED, THEY ARE BAKED!? And it says fried chicken, AND THE CHICKEN ISN'T FRIED!?" The waiter was not used to such attitude and decided not to put up with this behaviour. "My dear man," said the waiter, looking down at John over his glasses, "that is what makes it so special!"

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CHARACTERISTICS								
Scrub Effect	Zero	Soft	Hard	Extra Hard				
Cool Effect	Fresh		Cool	Very Cool				
Skin Condition	Dry	Normal	Oily	Acne				

(For Fair And Bright Complexion)



**ACCESS** 

# HAVE I GOT 'FRIENDS WITH BENEFITS' ALL WRONG?

You've been breaking all her rules about pal-on-pal casual sex...

It doesn't take the bonce of Professor Brian Cox to work out why, according to a recent government-funded poll, a whopping one third of all under-forties enjoy casual sex with a friend.

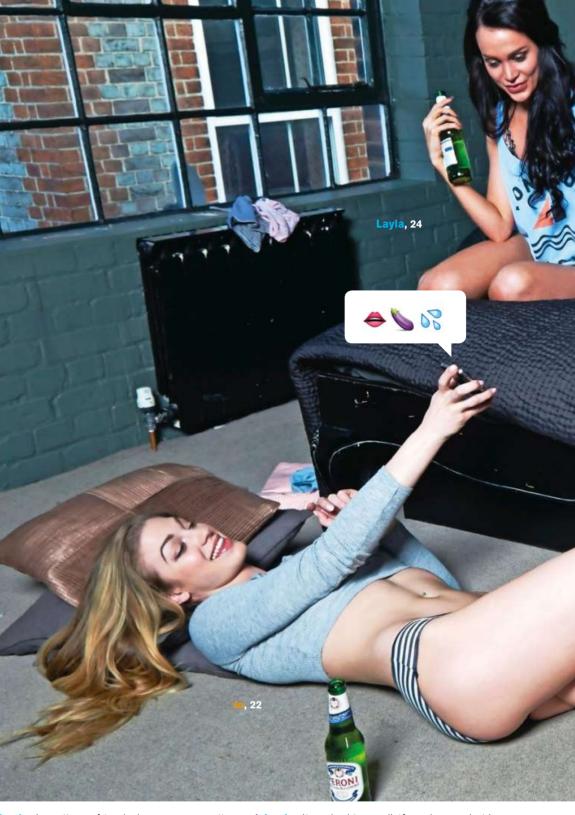
Experimental, exciting and damn good naked fumbles with a girl you like, without the 'in a relationship' spats about leaving your damp towel on the bed again? It sounds like the stuff dreams are made of. Sexy, sexy dreams.

But before you run headfirst into your phonebook and dial up your hottest girl mate for a touch of the good stuff, know this—there's a whole load of unwritten laws you *must* abide by to make it work, all of which are there to stop the both of you ending up loved-up emotional wrecks. We'll let three of *FHM*'s beautiful friends explain...

#### THE BURNING QUESTIONS

What does 'friends with benefits' mean to you?

**Jo:** It's a good friend that you have sex with, no strings attached.



Layla: I see it as a friend who you can practise your moves on. The key is not getting attached. Don't have sex every day: use it like a spicy treat. Lana: Honesty makes it work, then you know where you both stand. "I've had a really shit day, do you want to fuck?" or "I've just been sat over the wheel of the bus and need to get jiggy." What? Nobody else had that?

What's your experience of friends with benefits?

Layla: It worked too well, if you know what I mean. We had sex too much, and it became official. We grew fond of each other. It easily happens.

# Any tips on making sure you don't get attached?

**Lana:** I said, "Thanks for the sex" once. Oh, and it sounds stupid, but a high five is a really good way to keep it light-hearted. Trust me.

What sort of person makes a good FWB?



**Jo:** Not the sort of person you daydream about, but someone you could have a great night out with.

**Lana:** If you think about them when you're horny, that's a good sign.

## How should a guy ask a girl if she'll be his FWB?

Layla: Again, just be honest!

**Lana:** Be blunt and just come out with it. Don't send a dick pic, though.

## Can you have more than one friend with benefits?

**Jo:** One is healthy. Any more just gets too difficult.

**Layla:** But what if you find another person you want to hook up with?

**Lana:** You drop one. There are no strings. It should be emotionless.

Layla: It's not that easy, though. You've probably had amazing sex, so giving it

up is actually very tough!

Jo: Just make it a threesome.

## Is there anything FWBs can do that loved-up couples can't?

Jo: They definitely *can't* say 'I love you'. Hugging after sex is a huge no.

Lana: But you can be much more experimental with positions, because you won't feel embarrassed if you mess up. That's the best kind of sex.

# LAUNCH







#### **MERCEDES SCORES 3 IN 1**

Mercedes Benz India launched their exclusive 'Designo' platform which allows customers hundreds of different combinations for customisation. In a glittering event, Merc launched three highly luxurious cars, Mercedes AMG S63 coupe, S500 coupe and AMG G63. The S63 coupe brings the much-awaited Magic Body Control suspension system, which enhances driving enjoyment and comfort. Priced at S500 coupe: ₹2 crores, AMG S63 coupe: ₹2.6 crores and AMG G63: ₹2.17 crores.



CALIFORNIAN BURGER JOINT CARL'S JR ENTERS INDIA

American burger chain, Carl's Jr, opened its first restaurant in India in Saket, Delhi. The chargrilled chicken burger section boasts of a wide variety of options such as Star Burger and Mile High Burger, among others. Apart from the regular chicken burgers, the restaurant features a special Indian palate menu that includes vegetarian options, beer on tap and an all-you-can-drink soft beverages bar.





# THE SCORPION COMES TO INDIA

Fiat Chrysler Automobiles India unveiled its iconic brand, Abarth 595 Competizione, at the Buddh International Circuit in Delhi. The company also showcased the new Punto Abarth, which will be launched in India soon. 595 is a 3-door hatchback powered by a 1.4 litre engine that belts out 160PS of power. The small sports performance car will be available in four colours across the five major metros. Other than Abarth, FCA is a proud parent to brands such Ferrari, Maserati, Alfa Romeo, Chrysler, Dodge and Jeep.

## LG TAKES INNOVATION TO A NEW HIGH

Taking the brighter is better concept to an all new level, LG brings Super UHD series of televisions with ColorPrime technology, featuring ULTRA Luminance, a 4K In-Plane Switching (IPS) panel, which offers a premium cinema like experience. Ultra slim design, 4G LTE enabled, Music Catch recording and smart share are a few of the many features of the 79/65/55 inch sized TVs. Price: ₹2, 94, 900 onwards.



## REEBOOK CELEBRATES 5 YEARS OF CROSSFIT

Reebok, the leaders in Crossfit product innovation and engineering, has marked its five year anniversary with the launch of Reebok Crossfit Nano 5.0-a training shoe that features Kevlar material for protection and durability. Engineered specifically for the CrossFit athletes and developed in association with the CrossFit community, the Nano 5.0 gives abrasion protection, making it the ultimate training shoe. Price: Starts at ₹9,999



## NIKE COMES UP WITH HYPERVENOM 2.0!

In 2013, Nike came up with Hypervenom shoes for a new line of boots for a new breed of attackers and it was an instant hit with players like Neymar Jr. and Wayne Rooney taking them to the pitch. And now Nike has launched Hypervenom version 2.0. Flywire technology has been strategically mapped into Hypervenom II with additional sipping added in heavy ball-contact areas for enhanced touch. Price: ₹18,000 onwards

# NEWSINTERNATIONAL



#### ALL NIPPON AIRWAYS ADDS STAR WARS-THEMED JETS TO ITS FLEET

ANA, Japan's largest airline, announced that two more of its planes will be decorated with Star Wars characters as part of a 5 year promotional agreement with The Walt Disney Company (Japan) Ltd. BB-8, a brand new character from Star Wars: The Force Awakens scheduled for theatrical release in December 2015, will be displayed on the livery of the BB-8™ ANA Jet, a Boeing 777-300ER. These Star Wars themed planes will join the previously announced R2-D2™ ANA Jet, a Boeing 787-9 Dreamliner. ANA will be the only airline in the world to offer all six of the currently released Star Wars films as part of its extensive in-flight entertainment options on international routes.

## BRITAIN'S LONGEST-REIGNING MONARCH -QUEEN ELIZABETH

Queen Elizabeth is set to overtake her great-great-grandmother Queen Victoria as Britain's longest-reigning monarch on 9th September. Queen Victoria's reign is recorded to be at 63 years, 216 days. Elizabeth II succeeded her father, George VI, after his untimely demise on 6th February, 1952. The 89 year old queen is also the world's oldest living monarch. Queen Elizabeth is married to Prince Philip of Greece and Denmark who has been by her side throughout her reign.





# Four-time Grammy winner, Lionel Richie, has been nominated for MusiCares Person of the Year by the Recording Academy in 2016. MusiCares provides financial, medical and personal support for musicians in need. Lionel Richie has been given this honour as he has always supported charitable causes ranging from AIDS and human rights to famine, poverty, women's issues and has also contributed to the United Negro College Fund.



#### 'SILENCE OF THE LAMBS' HOUSE FOR SALE IN PENNSYLVANIA

The famous house that was portrayed to be a psychopathic criminal Buffalo Bill's in the 1991 American thriller 'Silence of the Lambs' has been put on the market. It is located in a Pittsburg suburb and has been listed for \$300,000. In the film, the three-story Victorian is spooky and moth-ridden with a dungeon where Buffalo Bill, played by Ted Levine, keeps the young women he abducts. This Anthony Hopkins and Jodie Foster starrer won five Oscars, including best actor, best actress and best picture. The house, in real life, lacks the infamous dungeon.

IN DELH

The snug new restaurant in town has all the makings of a runaway hit. It's cosy, laidback, refreshing and, why we loved it, makes some insane food! We bet you will find your own reason to love it.

n a tony neighbourhood of swish south Delhi is a new eatery that sits pretty on the top floor and overlooks passing Delhi though glass facades. One immediately feels comfortable with the sight, sound (and the food aromas). The Backyard has managed to recreate the feel of a patio grill with flair. Bench seating, gravel flooring, a grill and wood fired oven along with a vast view are a sight for tired eyes. However, what we loved it the most for its terrace...

#### **AMBIENCE**

The seating, wall hangings and the lighting are all easy on the eye and immediately get you in the mood to revel. But if the weather allows and you're up for walking up... don't even think twice about getting comfy on the terrace. Gravel flooring, a grill and wood fired oven along with a vast view of the greenery all around, The eatery's terrace gives a complete 'have your own barbeque' vibe that goes perfectly well with the name. The place also has a live

DJ dolling out timeless rock classics that go splendidly with the atmosphere.

#### **FOOD & DRINK**

After you have downed a couple of cold ones or ordered from their fairly extensive selection of wines, we hope you build up a monstrous appetite because you will need it. We tried a gamut of dishes and were not even once disappointed in the slightest. Balinese Chicken Satay was done to perfection, tasting heavenly with its sauce. Oh wait! Chicken in a Blanket was scrumptious too. Frilly Prawns took us by surprise-done well, yes-even the freshness of the catch was excellent. Their burgers were refreshingly different too. Although a big lover of my meats, I did sink my teeth into The Veggie One Burger and flavours of the veggie patty with caramalised onion rings hit me. The Pork One is what I would like to call sinful. Pulled pork simmered for 12 hours stuffed into a bun with chef's signature dressing. Don't miss out on it. Being a big fan of all things grilled, I had to call in some Tennessee Grilled Chicken and the Tenderloin Steak. "I want it medium well done,' I requested. Steak was juicy and the chicken was flavourful right to the bone.

WHAT: The Backyand

WHERE: A/2A. Haws Aurobindo Mang. Haws Khas. New Delhi

HOW MUCH: \$1600

#### CONCLUSION

The Backyard is the kind of place that evokes easy conversations over wines and cocktails. If food is the mainstay of your visit then, again, you will not be disappointed.

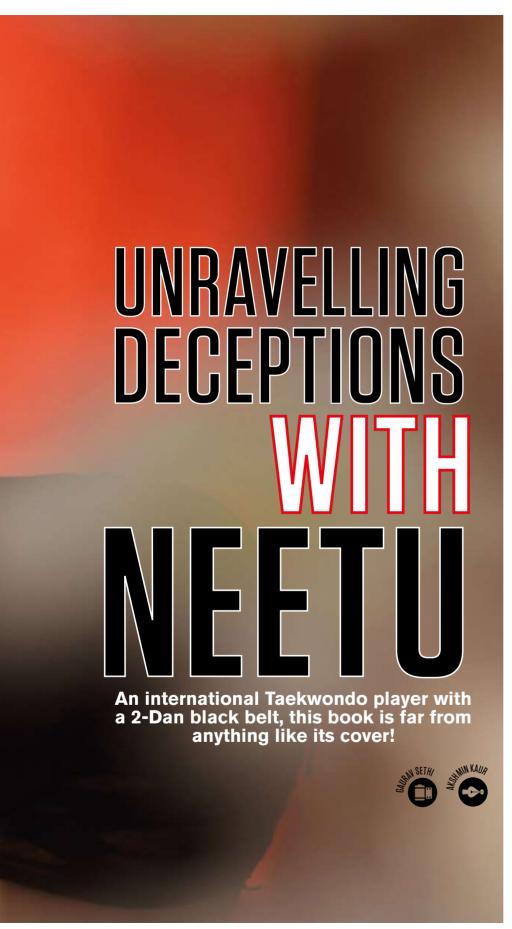












FHM: You were chosen as the Grand Marshall for the India Day Parade in the USA. That's a feat in itself. How did it feel?

**Neetu Chandra:** It's always an honour to represent your country and I am blessed that I have had the opportunity to represent India at various stages of my life. As a student I represented India thrice in Taekwondo championships and now as an actor I had the golden chance to be the Grand Marshall. I am sure I have done my country proud.

With two Bollywood flicks, one film each in Tamil and Greek and a play, *Umrao Jaan*, in your kitty you seem to have a very busy year ahead. Is it taking a toll on you?

Toll? Not at all! I love working; it's something I am born to do. Trust me, busy is an understatement. I have a lot on my plate right now.

# For your film, *Block 12*, you learnt Greek. Teach us a cuss word or something romantic.

Arkaristo Se Polla, which means 'Thank you so much' in Greek. Luckily for me I just had to learn the basics. Greek is a very sensuous language. It sounds flirtatious even when you don't mean to.

# We heard that you were in LA. Should we expect news of you joining the Hollywood brigade?

That's very hush-hush right now. You would know soon for sure. Pray that I come back with big news. A good script is what really matters. Language has never been a barrier for me.

# From an international Taekwondo player to a Bollywood diva, how did the transition happen?

I don't believe in limiting myself.
Challenges bring out the best in me;
which is why I have so many aspects to
myself. As far the transition is
concerned, I never felt it. I was just
being myself and everything else fell
into place. I feel like I am God's
favourite child.

## You seem to be a fitness fanatic. What's your fitness mantra?

Yes, I am proud to be a fitness fanatic and Yoga is something that I swear by. I cannot go even a single day without it.

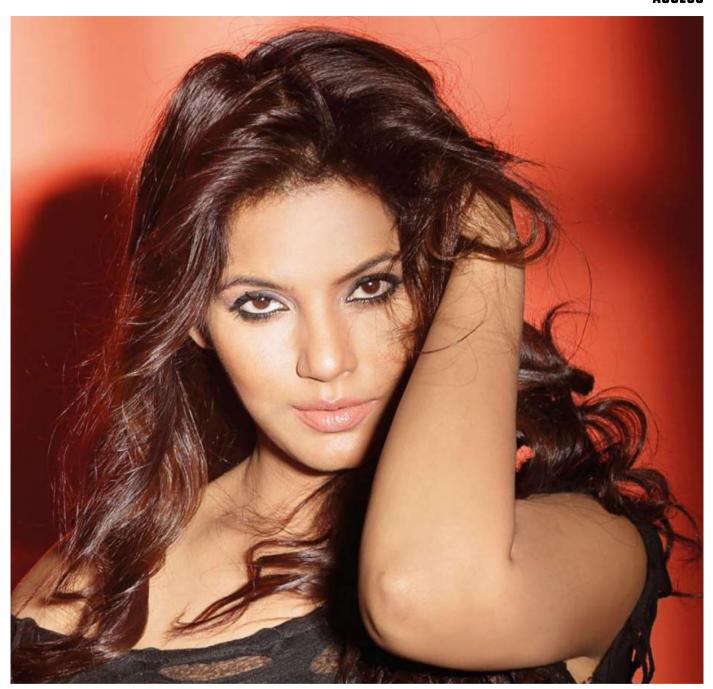
#### What are your vital stats?

Good enough to be called 'The Indian JLo'. Have been hearing that lately; hope you know what I mean. (haha)

# Given your martial arts background, you must be an expert at kicking ass. Is there a way for a guy to impress you without getting hurt?

(Laughs) If the guy is smart, good looking, chivalrous and down to earth, who makes me feel special and drenched in love, then he won't get hurt. I have worked very hard





throughout my life, his acknowledgment and appreciation should keep me going.

# What is the scariest that you have seen a cloud take a shape of?

That of a monster who kept staring back at me and followed me around.

## Where do you want your guy to take you out for a dinner date?

To his place. Just the two of us in a romantic setup. And he should smell really good, maybe with the aroma of food that he's cooked (wink).

# How many pairs of jeans do you have in your wardrobe?

More than 12 and most of them are torn... Ow, really? So, what wishes will you ask a genie to grant? I already have a good body so that's something I'm blessed with. Maybe lots of good work, a lot of admirers who encourage me all the time, a guy who is in love with me till the end of the world and whom I will eventually marry. Being good in bed is a must though...

#### What's your secret fetish?

Now that's a secret. Only the guy I take home will get to know.

What's your favourite car? Audi TT.

#### What's your idea for a perfect date?

Some nice aromas around, ample smiles, a long drive, good food, romantic music, moves on the dance floor... then I'll see how it goes and then may be to my room.

If you were to be reincarnated as an animal, who would you choose?

A lion. I am as ferocious.

#### Favourite fragrance?

Cool Water by Davidoff.

Hollywood celebrity that you have the hots for? Promise, we will not tell anyone.

Haha, yeah right! Will Smith, Ashton Kutcher, Bradley Cooper, Johnny Depp...

## Where is your favourite vacation spot in the world?

Hands down... New York!

## Which film personality would you want to have a street fight with?

If I could, I would go with Tiger Shroff. We both could show some martial-arts kicks.

# HOW I DID IT...

# WES BORLAND, 40, GUITARIST IN SIX-TIMES PLATINUM SELLING ROCK BAND LIMP BIZKIT

I wouldn't say I was afraid of getting a job behind a desk. But, growing up, that looked like death to me.

God and football and guns-my hometown of Jacksonville in Florida was everything I didn't want to be involved in. It was the antithesis of hope, the worst of America. I had to get out of there.

**Tolerance.** That's what I've learned from my dad. He was a Presbyterian minister. He participated in anything we did, like driving us to play shows in bars at 16, even if it questioned his faith. He was so supportive.

I'm now the age my dad was when I really started to look up to him for guidance. I think about that a lot.

One of my best friends and I used to drive out to meet a girl we knew on the north side of town. Her mum was never home, so we'd go there to sneak booze or hook up with somebody. One night, when I was 16, we were driving back in the rain. All of a sudden I lost control of the car. I crashed into a ditch and the car flipped. That was the defining moment of my teens. I learned a big lesson that night.

Limp Bizkit's rider always had 'action figure' written on it.

Not too much to ask. We just wanted to see what we'd get.

**Boy, did the video for** *Rollin'* **backfire.** It was filmed on top of the World Trade Center. On 6 September 2001 we won an MTV Video Award for it and the staff at WTC sent over a fruit basket to congratulate us. After 9/11 everyone stopped playing it. Nobody wanted to see it. Neither did we.

The best band name in the world is Fartbarf. They wear cavemen masks and NASA jumpsuits.

**Every man needs one simple, steel, black-faced watch.** Something like a Rolex Explorer, a Tudor Ranger or a Maratac Mid. I've forbidden myself from buying a watch this year. My collection's getting out of control.

The perks you get from being in a band run out pretty quickly. Money, fame, meeting chicks, partying—those things are one quite soon.

It's absolutely imperative that you travel. You should be exposed to as many new cultures and beliefs and foods and people as you can. That's what makes you a more interesting person. It's why I still tour.

Baby oil is the only thing that will get rid of my stage make-up.

I have to wear so much of it.

I started smoking cigarettes for the breaks at work. It was at the worst job I ever had, at a shit restaurant, owned by a terrible guy. I thought, "Everyone who smokes gets to take breaks from this. I'm in."

A successful life? Don't be a sleazebag. Don't cheat on your significant other. Try to honour what you say. Don't be a baby. Tolerate, unless it's absolutely necessary to act. Always try to be a good guy.

Wes also plays with Queen Kwong. The album Get A Witness was out on 28th August



### **ACCESS**





separate stage has been set up to encourage any and all kinds of talents. From magic to beat boxing, if anyone thinks they are up to entertaining the Festember crowd, they are free to perform.

Óutreach events such as the preliminary rounds of the rock music competition, Gigahertz as well as other events like the short film contest, Rolling Reels Film Festival are conducted before Festember. The short film festival still in its nascent stages hopes to promulgate the short film culture. It also seeks to propel students into fields other than the corporate world.

And for the first time ever this year, Festember has a pre-guest lecture by none other than Mr. P. Unni Krishnan, an award winning Carnatic music vocalist and playback singer. Guest lectures, a recent addition to the fest, have helped enrich the character of the fest in ways we never thought possible. They have helped give students an insider's perspective into the world of entertainment. The speakers have also acted as inspirations for



students who wish to follow such a path.

Every year as Festember grows, we always stick to the core ideal of providing entertainment. We hope to set a new yardstick for aspirations and dreams. We hope to be a launch pad for impassioned young artists of any genre. We hope to provide a relief from the humdrum of college life. To rediscover yourself every year or to learn something about yourself every year is a wonderful and fulfilling experience. All those people who help make Festember the success it is find their ordeals worthwhile when they know that every single person who has come down to the National Institute of Technology, Trichy for Festember has had a great time. When we see everyone head banging to the rock music, swaying to the harmonies and drenched in sweat due to the feverish intensity with which they enjoy the music, we know we've entertained you and that is our reward. We survive because people out there love us and we love you all right back. Till Festember.





# WHAT THE HELL IS OKTOBERFEST?

It's called 'Oktober'fest but starts in September—we're still trying to figure that one out. Every man's haven—beers, blondes and sausages—let's together raise a toast as we tell you what the f\*\*\* Oktoberfest is all about.



You'd think that this behemoth of a beer celebration would be a bit of an 'anything-goes' affair, but you'd be wrong. Drinking at Oktoberfest can only commence when the master of ceremonies—the mayor of Munich—cracks open the first barrel of beer, proclaiming 'O' zapft is' i.e. 'It's tapped!'

### EATING PARADISE

It's not just about beer, guys. It's a food paradise too! Think of the traditional and forever lip-smacking sauerkrauts, dumplings, cheese noodles, sausages and roast chicken and lots of them. Every year, Oktoberfest revellers eat over 500,000 roast chicken and roughly 120,000 pairs of pork sausages. Last year, in just 17 days, 118 oxen and 53 calves were consumed.

#### **GERMAN UNIFICATION**

The fest goes on till the German Unity Day on 3rd October to mark the unification of East and West Germany on that day in 1990.

#### **CUSTOMARY HONOUR**

Since 1850, Eight thousand people—mostly from Bavaria—in traditional costumes, walk from Maximilian Street through the centre of Munich to the Oktoberfest grounds in order to honour the marriage of Prince Ludwig.

30 FHM September 2015 fhmindia • fhmindia II fhmindia



L'Officiel India

# ONLY THE **BEST READERS**

From fashion to luxury; from street-smart to business-savvy; from lifestyle to health-conscious—we provide an all-round reading experience that transcends knowledge and luxury.



FHM India
Stuff that men dream of

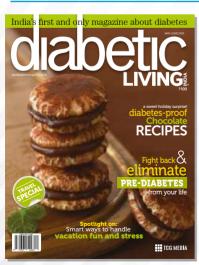
# ONLY THE BEST ADVERTISERS

Only visionary brands advertise with us.



# THE Q FACTOR

We understand the value of quality & quantity, striking the perfect balance between excellence and the number game.



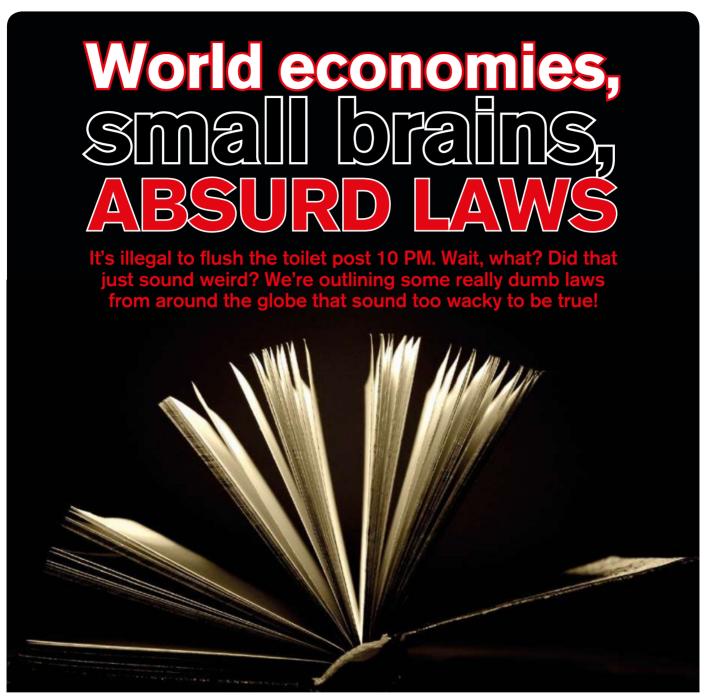
Diabetic Living
India's first and only magazine about diabetes

# WE HAVE FOUR BUT WE ARE#1

Under a robust umbrella, the company's prowess lies in creating unity in diversity.



Transreporter
Logistics, infrastructure... Idealism



Traffic police are required to report all bribes that they receive from the motorist. Talk about ethical bribery!



SINGAPORE
Oral sex is illegal in the country... but wait, you can use it in the form of foreplay.



UNITED KINGDOM
It's legal for a man to pee in public as long as he is doing it on the rear wheel of his car, with his right hand on the vehicle.





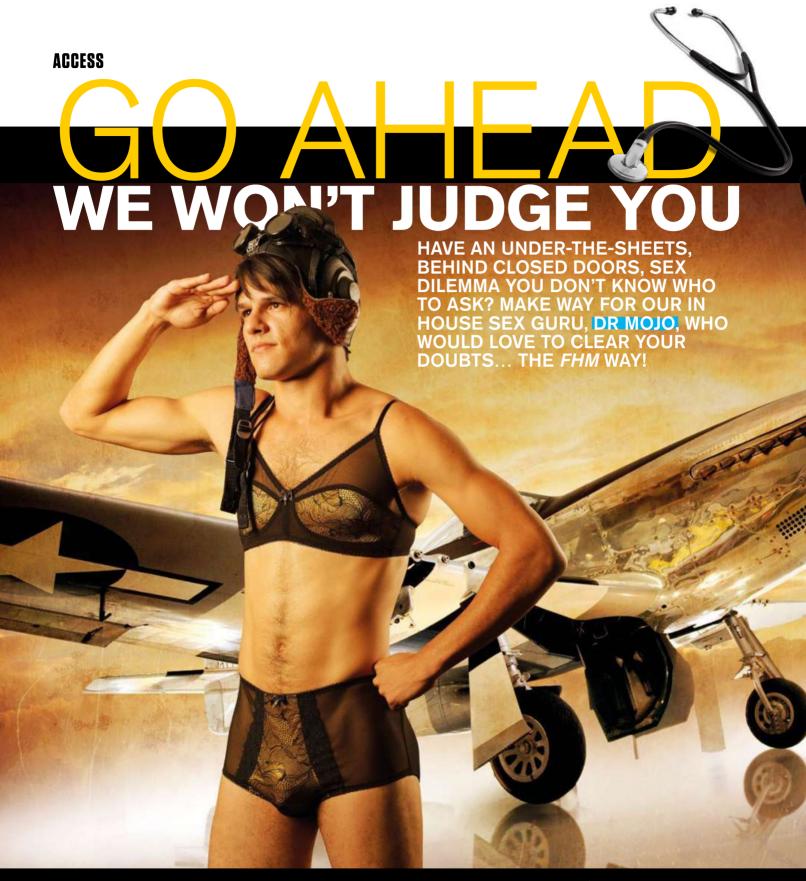












HAVE A FETISH FOR WEARING WOMEN'S PANTIES. I LOVE THE FEEL OF SATIN OR LACE UNDER MY PANTS WHEN I AM GOING ABOUT MY DAY. BUT I WANT TO KNOW WHERE I CAN BUY SOME LACIES IN MY WAIST SIZE.

#### Karan, Noida

OMFG! Are we talking thongs and G-strings too? Don't you get a wedgie? Well, to each his own. Do everyone a favour and don't wear low-waist Wranglers with your stringy undies. You don't wanna cause seizures in your

social circle (unless you're a member of a secret group that meets in dingy basements on Thursdays just to flaunt women's underwear). No, I don't know where you can pick up your preferred type of innerwear in your size. There isn't exactly an e-commerce portal for this.



Y GF OF 4 MONTHS HAS AN IDENTICAL TWIN, WHO IS SINGLE **CURRENTLY. ALL OF US** GO OUT CLUBBING OFTEN AND FOR MOVIES. LAST TIME, THINGS **GOT A LITTLE HOT AND HEAVY AFTER COPIOUS AMOUNTS OF BEER AND** I STARTED **NECKING AROUND** 

WITH MY GF: ONLY TO REALISE AFTER A FEW MINUTES THAT IT WAS ACTUALLY HER SISTER! BUT NEITHER DID SHE NOR I STOPPED. **BOTTOM-LINE IS I AM BANGING BOTH SISTERS-WITHOUT MY** GF BEING AWARE, OF COURSE. BUT NOW I WANT TO HAVE A THREESOME WITH BOTH OF THEM. **HOW DO I BROACH THE TOPIC?** Vidyut, Chandigarh

The strict of achievers. But this wild side also needs to have some boundaries. Bud, you do run the risk of spoiling it forever with your GF and her twin. So think it through, drop subtle hints at first and see how they are received. And let me know how it goes!

#### Sagar, Pune

Okay seriously, how is that even a complaint? Men would love to have a significant other like yours. And here you are wanting to put a stop to it! Even if she is doing it, there is no downside to it... so my advice to you would be to leave it as is. It's of precious little significance other than leaving a bad taste in the mouth (pun intended).





Vikas, Shillong

My homosexual friend, I can't possibly tell you what to do to get your BF in the sack again. What I can tell you though is what men love the most in bed. Go downtown on him and give him a wet 'tongue lashing' (if you know what we mean). We men can become slaves for this! Also, have you thought of giving him a sensual massage? Not the physio but the erotic kind. That is a sure-shot way of getting your man in the mood for some lovin'.

## Entertain your brain

September





## KATTI BATTI

Katti Batti is an anti-love story starring Imran Khan as Madhav Kabra (Maddy) and Kangana Ranaut as Payal. Maddy is an architect who is in love with Payal because of her attitude towards

life. The story revolves around Maddy and Payal's live-in relationship of five years until Payal leaves Maddy mid-way in a sudden turn of events! The Nikhil Advani movie is being touted as the Indian version

of Friends With Benefits. With Kangana Ranaut doing nothing wrong these days, expect another power-packed performance from the reigning queen of Bollywood. Out on



















Kumar and Katrina Kaif this time. Uday

Naseeruddin Shah has also joined the cast



From the producers of Lucy and the Taken trilogy, comes The Transporter Refueled, a fresh personification of the iconic role of Frank Martin, launching him into the presentday and reinvigorating the high-octane franchise into the next generation. Frank Martin, played by newcomer Ed Skrein, a former special-ops mercenary, is now living a less

perilous life, or so he thinks, as an independent agent contracted to transport classified packages for questionable people. Remember Daario Naharis from Game of Thrones? Ed Skrein might've shed the long locks, but his charm remains the same. But, will he be able to replace Jason Statham?



in this epic 3D movie by Gunasekhar. Dubbed in Hindi, Tamil and Malayalam, the director is leaving no stones unturned to make it a national film. Interestingly, Priyanka Chopra and Nayanthara were considered for the lead role but finally Anuskha bagged it. Rana Daggubati will also be portraying a role in this epic drama.



A 21-year-old daughter of a formidable police chief falls in love with a roadside romeo. What happens next is for everyone to guess. A lot of drama, romance, fight with love eventually triumphing! The remake of 1983 film of the same name starring Jackie Shroff, Hero marks the debut of two star kids. Aditya Pancholi's son Sooraj and Suneil Shetty's daughter Athiya will be seen romancing each other. Filmed under the banner of Salman Khan Films, Sallu bhai's blessings are enough to give the movie the required mileage. Out on September 11



## LOOK INTO YOUR, SOUL WITH LEGO

What a month to be a vellow plastic man. Not only is everyone's favourite 4cm-tall hero running for his tiny life in a Jurassic World spin-off game (out now), but incredible doc A Lego Brickumentary seeks to answer one burning question: are these colourful blocks more than iust a toy? The answer, clearly, is yes. And we can prove it. We grabbed some bricks and challenged the UK FHM staffers to build what the heck they felt like, then gave them to psychologist Dr Sandra L Wheatley to assess our questionable mental states...



## Jamie Inglis Deputy art editor

**Creation:** "Anatomically correct sexually interlocking male and female"

Psyche assessment: "Exactly what you'd expect a teenager to make—two shagging people. Not to be sneered at though—those who follow the crowd are often the happiest."



## Sarah Wolfe Production editor

Creation: "A house"

Psyche assessment:

"A house with an open door? Sarah is an open box. It's a humble home rather than a palace, but all good things come in small packages right, Sarah?"



#### Matt Blake Chief writer

**Creation:** "A chameleon" [made using instructions]

Psyche assessment: "Matt

is a calm guy. He's most comfortable when he feels he is correct. Chameleons don't stand out from the crowd–Matt clearly prefers to be the same."



## Carlotta Constant Deputy fashion editor

**Creation:** "A pink princess castle"

#### Psyche assessment:

"The colours show a fixation on fairy tales. Carlotta is a passive dreamer waiting to be rescued from the humdrum of life."



## **Chris Sayer** *Editorial director*

**Creation:** "A monochrome jeep thing"

Psyche assessment: "Chris likes to get around, and to look cool while doing so. The white indicates a desire to appear truthful, although the reality may be different."



#### Nick Pope Social media editor

Creation: "A big multi-coloured penis"

Psyche assessment: "Er, right then. Size isn't everything. Oh, and drawing attention to your member by making it multi-coloured is not particularly attractive."



## Tom Morgan Art assistant

**Creation:** "A green frog with moving legs"

## Psyche assessment:

"Tom is a prince waiting to be kissed. The moving legs tell me he's ready to jump on any passing female." Find more from Dr Sandra at potentpsychology. com. Photography: Marco Vittur 07

Film hero

# DISSECT THE APPEAL OF PAUL RUDD

Ant-Man hit cinemas on 17th July, and on that day the world watched a man shoot himself like a bullet at some bad guys before collectively saying: "Oh, yeah! It's that guy from

that thing!" Such is the essence of Paul Rudd: a kind of under-the-radar sideguy, celebrated as much for his actual acting as he is for his comic cameos. Here's why we love the guy...

**10**%

#### GODDAMN HANDSOME

A few years ago a study found male and female versions of 'the perfect face'. The woman was a kind of almond-eyed Scarlett Johansson/Gwyneth Paltrow half-breed. The bloke was literally Paul Rudd. Like, science just took Paul Rudd's face, and declared it beautiful. Look at him.

20%

#### GROSSLY UNDERRATED

In criminally underwatched 2001 movie Wet Hot American Summer, Rudd showed exactly how funny he could be once you cast him as something other than 'sidekick man' or 'fun husband'. In his best scene, he plays a teenager furiously and uselessly cleaning up a plate he just threw on the floor while sulking loudly at a camp counsellor. Trust: let Rudd loose to be silly and he's up there with the Will Ferrells of this world.

**5**%

## RESPONSIBLE FOR CINEMA'S GREATEST GAG

"It's called Sex Panther," he says, "It's illegal in nine countries. They've done studies, you know: 60% of the time, it works every time." There is not a single universe where that isn't funny.

**25**%

#### **A VAMPIRE**

Rudd must have sold his soul and kidneys to the devil or something, because he hasn't aged a day-not even a day-since his debut in 1995's Clueless. What are you doing to stay so young, Paul Rudd? Åre you drinking the blood of sacrificial newborns? Because if so keep doing it: it's really working out.

**40**%

#### **NICE GUY**

You get the vibe from Paul Rudd that he would be really fun to have a beer with. Maybe that's because he plays 'dude you'd like to have a beer with' in loads of films: in Knocked Up, he was someone you'd quite like to have a beer with; in The 40-Year-Old Virgin, you would probably have a beer with him; in This Is 40, beer.

08

**Cry Babies** 

# Cry like Arnie



You can catch the Austrian Oak twice this month: shooting shit up in Terminator Genisys (out now) and blubbing like a baby in Maggie (out 24 July). But the Governator isn't the only Hollywood hardnut to prove big men can cry, too...

Sly Stallone First Blood (1982)

**Tear trigger:** Fallen comrades, being really, really tired

Jackie Chan City Hunter (1993)

**Tear trigger:** Gets hits with a stick a lot

Russell Crowe Gladiator (2000)

Tear trigger: A dead family

Bruce Willis

The Whole Ten Yards (2004)

**Tear trigger:** Gets drunk with Matthew Perry, talks about dad

Jean Claude Van Damme JCVD (2008)

**Tear trigger:** A dwindling career and relationship errors

Jason Statham Hummingbird (2013)

**Tear trigger:** Gets drunk, remembers killing people

Illustration: Sam Taylor ---





Girl Crush

# Count the reasons you want to marry Cassie Scerbo

Well, somehow, Sharknado 3: Oh Hell No! has become a thing. The third installment of cinema's longest-running joke swirls its way on to telly screens in the US this month, but not all hope is lost. It means we get to stare at 25-year-old New Yorker Cassie Scerbo. We spoke to her and decided she was perfect girlfriend material...

### SHE LOVES ... FOOTY

"I played football for nine years. I helped win the Championship in my co-ed league and scored the winning goal. I have a lot of English exes, and one of them supported Chelsea. The latest one was a Tottenham fan, so he didn't like it when I sang all the Chelsea chants I'd learned."

### SHE LOVES... A BIKINI

"Acting in a film called Sharknado is just not something you can pass up. The idea of running around bikini-clad with a shotgun? Hell yes, I wanted to do that."

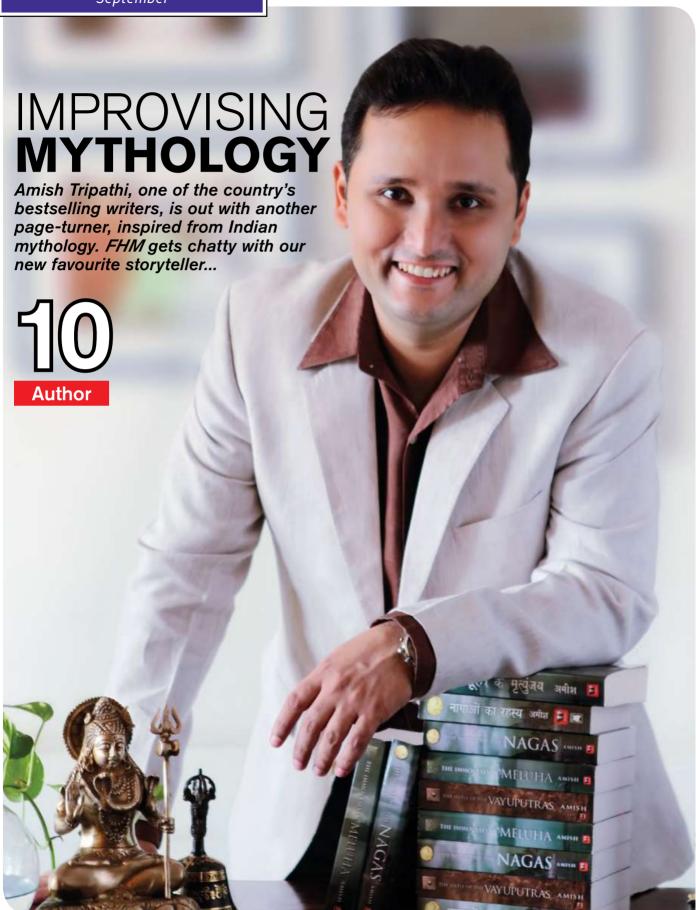
## SHE LOVES... PIZZA

"I swear pizza can cure anything. Pizza is my obsession and I feel like it's become a bit of a trend recently, which annoys me. It was my thing first!"

#### SHE LOVES... HOMELAND

"I was so upset when [massive spoiler removed] that I refused to believe it. I was like, 'No, no way did [massive spoiler removed].' I can't get over it."

## Entertain your brain September



## FHM: What's with your fascination with mythology?

Amish Tripathi: It's primarily due to the family I was born into. My grandfather was a Pandit in Kashi (Varanasi). Both my parents are very religious. I grew up in an atmosphere at home that celebrated our scriptures, mythology and philosophies. It was also a culture that celebrated reading. So I read a lot. I've been reading since a very young age.

All your characters are

overtly human in their demeanour and character. Is this in sync with our original stories?

Your question is based on the

Your question is based on the Westernised concept that human beings do not have divinity within. In the Indian way, all of us have divinity within us. Our dharmic journey is to discover the God within. What I have written is actually in line with our ancient culture.

## How many books are there in the *Rama* Chandra series?

Probably five books. There could be a sixth one too. It's too early to tell right now.

Writing books seems to be more than just spinning stories around words now.

more than just spinning stories around words now What's with the trend of such ruthless marketing?

'Ruthless' is not a word I would use. But marketing is important. In today's overcommunicated world, one needs marketing to get a book noticed. But once the book has been noticed, it has to work by itself for the reader. So basically, you need a good book and good marketing for sustained and long-term success.

'Vayuputras' was the first ever OST for an Indian book series. How was the response?

It was well received. God has been kind.

I am sure a lot of research goes into writing these books. What do you usually read for reference? Have you ventured into any of the original scripts in Sanskrit?

I have read many of the *Upanishads, Puranas*, various

versions of the *Ramayana* and *Mahabharata*. I have also read many of the Smritis, besides many other Indian texts. And, of course, the *Vedas*. I have also read the mythology of many other cultures. Besides this, my reading tastes also extend to history, science, economics, philosophy, etc. My views on these subjects also find their way into my books. I have also learned a lot from my family and what I heard from them.

What's your reaction to being compared to a)
Tolkelin (Business Standard),
b) Paulo Coelho (Business Standard), and Chetan Bhagat (anonymous)?
Thank you. But I am not sure that I deserve the comparison. I have only just begun my journey

as a writer.

Who's been your inspiration as a writer?
Lord Shiva (smiles).
Bestselling authors in the west earn insanely. How is the trend in India now?

A few are earning well.

We're waiting for the Shiva
Trilogy to be made into a
film. Are you going to be a
part of the project with

Dharma Productions?
I am attached to the project as a creative consultant. But my primary focus is on writing my books.

You've had sort of a ghar-wapasi from an atheist to a religious man. Isn't it the other way around with writers?

Your question is based on a westernised notion that intellectual curiosity and religiosity don't go together. That is not true in the Indian context. In fact, in the traditional Indian way, you are encouraged by dharma to ask questions and make your own mind/decisions; Lord Krishna very clearly says this in the Bhagwat Gita.

If you had to indulge in the mythology of the west, which character would you like to explore more? Why?

I am fascinated by Greek and Egyptian mythologies. Many characters in there are worth exploring.

If and when Scion of Ikshvaku is made into a film, who would you like to see play Ram?

It's too early to comment on that.

You never planned to become a writer but here you are, thanks to your interest in history. Do you have any more of such interests that may offer you a new role to play in the future?

Let's see where Lord Shiva takes me.



"Our dharmic journey is to discover the God within. What I have written is actually in line with our ancient culture."



The Codemasters have done a great job by bringing the Formula One on new gen consoles with a thrilling driving experience-but that has come at a cost of many other things. For starters, there is no career mode! Are they serious?



odemasters' latest version of the Formula One game seems like going back many ages in the field of racing. F1 2015, more than in any previous year, does an excellent job of translating the feel of an F1 race. However, that's just that!

Really! There is nothing much outside of the race itself. With a dearth of content that has plagued the previous versions, plus some niggling bugs that just stop the game midway, it's a disappointing debut for F1 on the new-gen consoles. With each new F1 game, it seems that stuff keeps getting lesser and lesser. Split-Screen, Classic Content, Driver Interviews, A Functional Safety Car, Career Mode, Create-A-Driver, Rivals, Changing Teams and Season Challenges have all gone for a toss. The first thing you'll notice in *F1* 





2015 is the distinct lack of much of anything. Championship Season, Pro Season, Quick Race, Multiplayer and Time Trial-those are the only ways you'll be racing F1 cars here.

#### **GAMING**

But all is not lost here, folks. The big talking point of the game is the visuals and the driving experience. The cars nicely reflect the lights of the track as well as the side walls as they fly around the colourful circuits, which even in real life can look devoid of atmosphere. Codemasters has done a good job of injecting some much needed vibrancy to the tracks. But the weather effects are only at their best in their extremes. In the pouring rain the game looks excellent. Night racing is also fun. The circuit lights in the Singapore Grand Prix are a delight. The game developers have done so much detailing in the gameplay that even the minutest of details have a bigger effect in the races. The sense of speed

has also been upped and being able to throw the car into the corners and exiting it gives a sublime feeling. The difference between a Lewis Hamilton's Mercedes to a Romain Grosjean's Lotus has been kept in mind. Codemasters have created a wonderful disparity among the cars and drivers on the grid.

Another nice feature that has come in is the live feed of other racers during the qualifying, which allows you to sneak on drivers and learn braking zones and apply to your own race to save a second. Off the track, it's all presented like TV coverage, with detailed commentary, which very much makes the atmosphere. Pro mode is where the real challenge is but it's still the same driving model underneath, even when it's forcing you to use manual gears and turn of all the driving assists. In fact it's extremely demanding in terms of more than just difficulty, as it insists all races go the whole distance and you participate in all three practice sessions. But that is, of

course, exactly what you'd want from a more serious simulation, and the sense of realism is boosted accordingly.

Despite all the fun on the track, there are things that you can't ignore. There are bugs that can ruin races. Like once, I made an error while coming out of the pit lane after a tyre change and decided to rewind and start from the pit lane again. But after hitting the resume button, my car wasn't in the pit lane! It was on the track, stationary and the lacking the fresh tyres I had just received at the pit stop. Race over. Team mad. And I... furious!

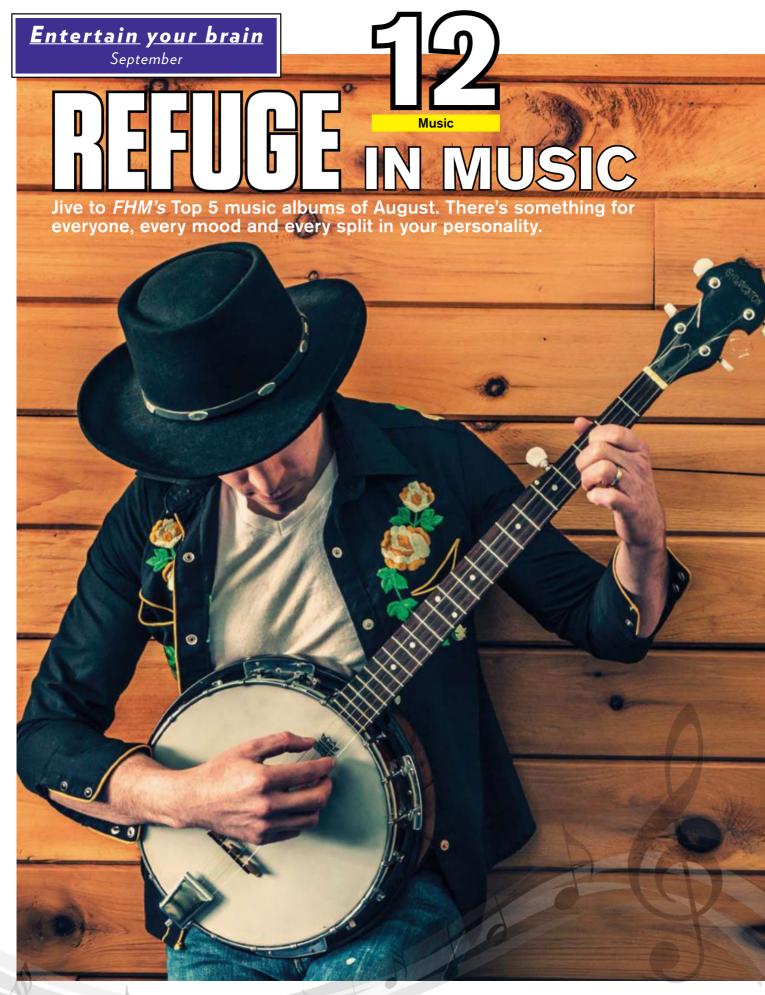
#### VERDICT

Overall, *F1 2015* represents the best driving game in the Codemasters' series to date, but *F1 2015* feels like half a game. It's an enjoyable racing game, which serves as a foundation for future reference. However, it just fails to cross the chequered flag by a distant margin.





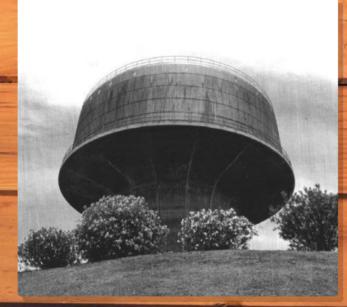
Words: Sudhakar



ALBUM: High

ARTIST: Royal Headache

**GENRE: Punk Rock** 

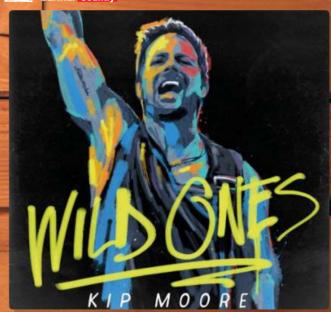


This is the second album from the punk rockers of Australia, and holds tight to all the things that made the first one so satisfying, while adding some new wrinkles that only serve to improve things. What stands out is the honest, torn-from-his-throat vocal of Shogun that is no longer buried in the mix. It stills holds on to the blast of furious noises and thrilling clatter, but only with tremendous restrain.

ALBUM: Bang 3
ARTIST: Chief Keef
GENRE: Drill Music



Chances are you will cringe at the mention of Chief Keef in the list, for he's been the forerunner in the neither-here-northere category of rappers. But this one stands out. It's the work of a mature rapper and songwriter, putting the skills he developed over several years spent branching out stylistically, to good use. ALBUM: Wild Ones
ARTIST: Kip Moore
GENRE: Country



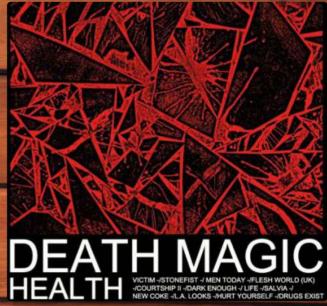
Wild Ones is Springsteen-style rock that reaches for the stadium's nosebleeds, a perfect follow-up on his solid 2012 *Up All Night.* Largely moving away from the slow-burning, sometimes brooding arrangements of his debut, Moore grips a significantly more upbeat instrumentation by the horns in this latest release.



ALBUM: Death Magic

ARTIST: HEALTH

GENRE: Electro, Noise Rock, Pop



After a spell of six years in dormant gestation, the Los-Angeles-based wild beasts have come out with a logical progression from their previous rattling shrieks. Their creative sound design finds a variety of styles, even bordering on melodic pop-like tunes, however the band's inherent nihilism remains seething under the surface.

# Entertain your brain September 0-100 in just 5 seconds. Wooaah! We were thrilled! m Cars O 48 **FHM** September 2015 fhmindia.com



# **PERFECT** little

The city sports car from the Audi camp has had a makeover and looks (and feels) different. Sharper lines and an 'Oh-my-God' engine, TT has overshot its predecessors by a mile!

ince the time Audi conceptualised and brought the TT to life back in mid 90s, they knew that they were making history. The 'small-sports car' segment was practically dead and people were yearning for something spunky, zesty and which would not leave smokin' tread-marks on their bank savings. With each successive model, TT has just flexed its muscles and looked even more gorgeous than ever before. Audi TT 2015 inspires sighs, side-glances, envy... and much more; but just can't be ignored!

#### STYLING

Much like the Porsches and Beetles of the world, TT's design has evolved but has remained unmistakably unique over the years. If at all, it has just become even more razor sharp. The third generation model has a wheelbase longer by 37mm than the outgoing sibling. The lights have had a major upgrade and now look like the frown of a hunting predator. Well done Audi! However, with rounded wheel-arches, curved windscreen pillars, a bold shoulder line and a sloping rear tailgate, all the unmistakable TT styling cues are there to see.

The interiors are stunningly centred around Audi's signature Virtual Cockpit System. Leather is rich and extremely well blended with the dual-tone plastic. Bang & Olufsen Audio renders unmistakable audio experience. Another feature worth mentioning is how beautifully the AC controls are integrated with the AC vents. The central trio feature the temperature, airflow and fan speed control, while the outer pair by the doors have the control for the optional heated seats. You have to see it for yourself to believe it!

Audi TT was always about seamlessly blending pure racing DNA with the

practicality of an everyday car. However, with the latest offering, the scales have tipped a bit more towards sports car aspect. The new 2-litre engine is more responsive, more engaging and is a complete heartstopper. We drove the Quattro S-tronic, which zips from 0-100kms in just a little over 5 seconds! Manual mode is a solid punch and bloody reactive! Get the car in Dynamic mode and then Manual... and watch the TT intimidate lesser mortals on the roads with its snarling engine hum and shoot like a speeding bullet.

Sharp turns and hairpin bends feel like a walk in the park; thanks to an intelligent electric differential that the front-wheel drive TT has. Traction control is bang on and never gives the driver the jitters of shivering on the road. Rock Solid!

Audi's Drive Select system is standard across the range, too, and for the first time it adjusts the all-wheel drive system on Quattro models, to give a sportier set up in Dynamic Mode (remember the one that we were talking about?). It also modifies throttle response, steering weighting and air conditioning load, plus shift speeds on S-tronic cars, while petrol models get a racier exhaust note in Dynamic mode. As with other Audi models, the Drive Select allows for Comfort, Dynamic, Efficiency and Auto modes, plus you can set up your favourite mix of modes in the Individual setting.

### CONCLUSION

It's a sports-car, period. Yes, it has the functionality of a civilised beast and yes, it behaves itself on city roads. But it yearns for endless asphalt stretches to make its (and yours) pulse race. Don't get us wrong-it is by no means an affordable car. But given the entry price of the Porsche in India, TT beats it fair-and-square. Once in its cockpit, we promise you would not want to get out of it.

## Entertain your brain

September

A dark, chilling French thriller

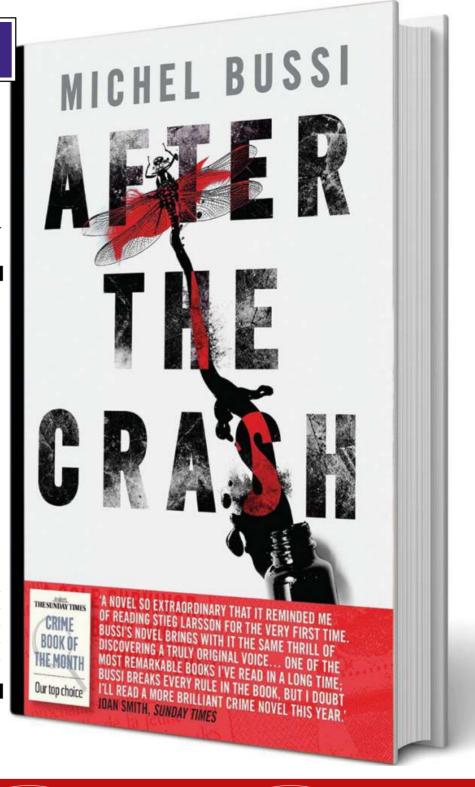
**Books** 

Rating: 8.5/10

**Book: After the Crash** Author: Michel Bussi **Genre: Crime Fiction Publisher: Hachette India** 

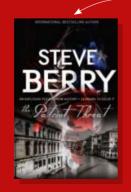
Price: ₹399

Review by: Siddharth M Joshi



## FHM **SUGGESTS** YOU TO **ALSO FLIP** THROUGH...

A lot of hullabaloo around the latest titles. We gave them a read and found these worthy of mention for this month.



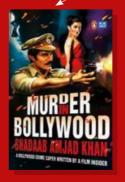
The Patriot Threat
What if all it would take to bring
the US to its knees was one legal
error in the ratification of the 16th Amendment over a century ago?

**Author: Steve Berry** 

**Genre: Thriller** 

**Publication: Hachette India** 

Price: ₹399



## Murder in Bollywood A whodunit murder mystery in the seat of our favourite Bollywood.

Author: Shadaab Anjad Khan

**Genre: Pulp Fiction** 

**Publication: Penguin India** 

Price: ₹250

he Renaissance carved out diehard fans from the world population of French art, romance and philosophy. Everything from the shores

of Normandy to the Chateaux of the Loire Valley reeked of a covetous class that was exclusive to French aesthetics. Probably that's the reason pop genres from within the region took time to permeate through its international boundary and reach the rest of the world. One such category is the French literary thriller. Thank heavens for the pen that translates, for finally we are in the know of Michel Bussi.

Bussi knits a simplistic yet intricate story in After the Crash, where a plane crashes on the Franco-Swiss border and is engulfed in flames, on a chilly December evening in 1980. All the 169 passengers on-board are killed instantly, with the exception of a lone survivor-a three month-old baby girl. But she isn't as lucky as it seems. Two families, the aristocratic de Carville and the poor Vitrals claim the baby as their granddaughter. Following a series of fierce court trials, the Vitrals win the custody of the 'dragonfly', as the baby is called by the media, on a feeble ground of sympathy and lack of concrete evidence.

The de Carville matriarch, Mathilde, hires a private detective, Credule Grand-Duc, to carry on the investigation, in lieu of a hefty hundred thousand francs per year till the little girl turns 18. Grand-Duc starts an exhaustive enquiry and meets several dead ends. He is so frustrated with making absolutely no progress in the case that a day before the girl is to turn 18, in 1998, he prepares to commit suicide, with a 1980 copy of *Est Republicain* that bares the report of the crashed plane, neatly spread before him. He has compiled every detail of his investigation in a

journal that he gets delivered to the girl on the same eve. As he is about to pull the trigger he sees something in the paper that he had not been able to figure out all these years. And he knows that he has finally solved the case.

A new mystery unravels as he is found dead in his house, the next day, with his head burnt in the fireplace and a bullet in his chest. Marc, the grandson of the Vitrals, who is lawfully the dragonfly's brother, is in love with her and he takes upon himself to find out if she really is a Vitral. This is where the book turns into a roller coaster ride, with fresh surprises at every new corner. After the Crash moves

THE BOOK HAS
ALL THE
COMPONENTS OF
A BRILLIANT
THRILLER-A
GRIPPING STORY,
PACE, WELL BUILT
CHARACTERS,
PEEK-A-BOO
SEQUENCES AND
AN UNEXPECTED
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with an exhilarating pace that makes it impossible for the reader to put it down even for a minute. New twists emerge just about out of nowhere and contribute to the overall thrill of the story.

Two prominent things that stand out in the book are the characters that evolve right till the end, and the non-linear narrative that takes us back and forth on the timeline, ultimately breaking even the slightest monotony. For instance, Malvina—the de Carville granddaughter, who refuses to grow up ever since she is denied a younger sister in the courtroom verdict — begins to take shape in Grand-Duc's journal way before she actually makes an appearance in the story. Her insanity and pathetic obsession with the 'dragonfly' develop into a new facet in the end.

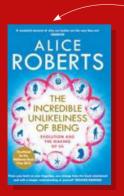
#### THE VERDICT

The book has all the components of a brilliant thriller—a gripping story, pace, well built characters, peek-a-boo sequences and an unexpected climax. However, the build up is so good that the climax seems to pack itself shut a little too much in a jiffy, leaving the reader wanting for more. Also, somewhere near the end some clichés begin to surface, which could have been avoided. Notwithstanding, there is every reason for you to pick this one up and cancel that weekend date.



#### **ABOUT THE AUTHOR**

Michel Bussi is a French writer of detective novels, a political analyst and a Professor of Geography at the University of Rouen. He leads a Public Scientific and Technical Research Establishment in the French National Centre for Scientific Research where he is a specialist in electoral geography. After the Crash is his first book to be translated in English.



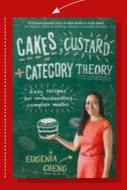
The Incredible
Unlikeliness of Being
Uncovering of the
evolutionary history hidden
in all of us.

**Author: Alice Roberts** 

**Genre: Non Fiction** 

Publication: Hachette India

Price: ₹499



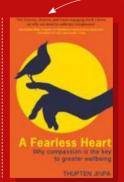
Cakes, Custard + Category Theory What is maths all about? Easy recipes for understanding mathematics.

Author: Eugenia Cheng

**Genre: Mathematics** 

Publication: Hachette India

Price: ₹499



A Fearless Heart
The need and power
of practicing compassion
and opening the doors to

greater wellbeing.

|
Author: Thupten Jinpa

**Genre: Non Fiction** 

Publication: Hachette

Price: ₹399



That little we've heard of the evolution theory, it has made us absolute fans of Charles Darwin, the dude of the weird-ass observation world. And there's something that tells us that the old man knew more than he recorded in his little black book. We tried to get inside his head to better locate the homo-sapiens in the animal kingdom. A lot of our natural acts and instincts bear a close semblance to our wilder counterparts. So, next time you feel all chuffed up about being ingenious and original, go through this list to bring yourself down back on earth.



## PAINT THE WALLS

Ever took your canine best friend out on a walk? He always looks for a right angle formation against a wall or whatever to take a leak. Very rarely in situations of desperation will he pee on the ground. Humans of the Indian race do something similar. We pee on walls, under bridges, next to a hospital, into a bin, and practically everywhere our body indicates the slightest pressure on the bladder. The neater the wall, the better the satisfaction.



## UNPREDICTABILITY

Guys, let's stop blaming the fairer sex for being the exclusive patrons of bizarre emotions. We do it too. But, fluctuations in emotions that culminate into erratic behaviour are something that animals have been experiencing since the start of time. A recent study says that animals are beyond their stereotypical personality traits. They get grumpy and playful for no apparent reason. The next time your cat doesn't purr with its usual happy swag, understand its just not in the mood.



## THE INTIMATE TOUCH

If you thought touching yourself for pleasure was an exclusive human prerogative, you couldn't be more wrong. Monkeys do it out in the open, almost in a similar fashion as their evolved cousins. But that's not all. Squirrels, tortoises, porcupines and even elephants feel themselves up in times of need. Sure, they don't do it like us but there's no rule book that says how it should be done, right?



## MUMBLE IN DREAMS

When you're asleep your body often acts on its own, like talking or walking in sleep, thanks to an information overload that finds its way out in such subconscious gestures. Oh, the audacity of human mind to think that this happens because our brains are super evolved! Dolphins, who are our seniors in species chronology, have been found to sing whale-songs in their sleep that are played to them during the day. Not very different, are we?



## 5 REASONS TO SUBSCRIBE





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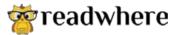


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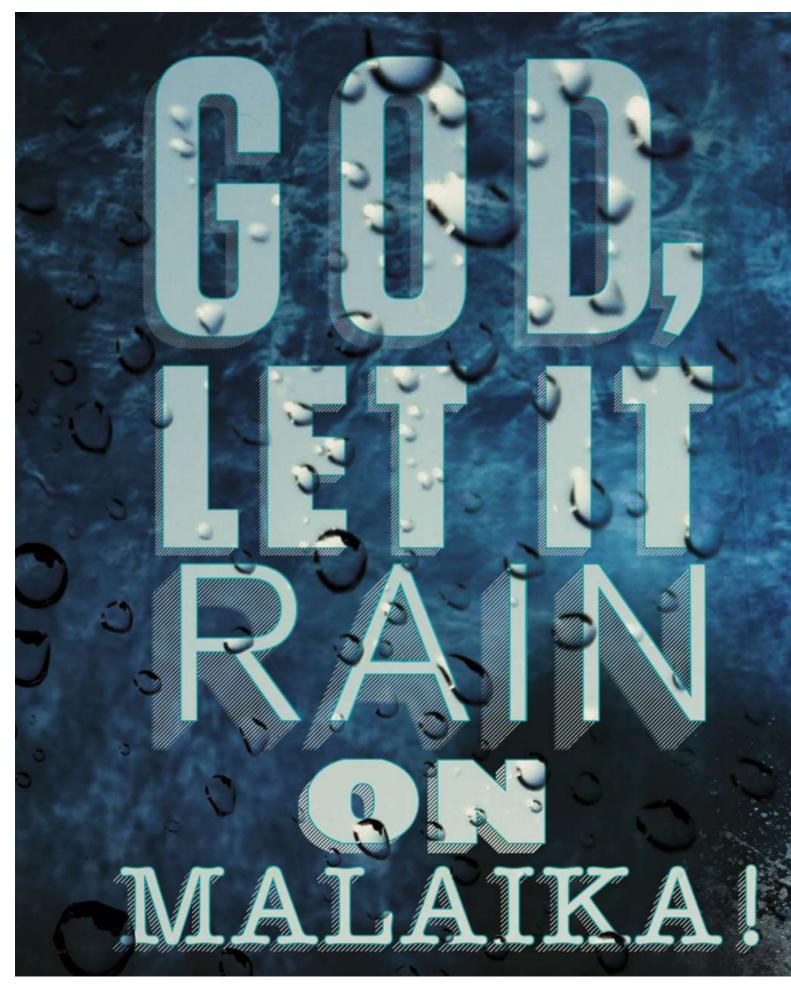


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ooking back and reminiscing that song... the more we replay it in our heads, the more it's as clear as spring

water. It wasn't so much for the daring cinematography; nearly not as much to do with the unusual lyrics. Maybe a little concerned with the dimpled Shah Rukh gyrating to the thumping score of Rahman's. But what we perhaps have and will always remember the chart-busting number for is Malaika dancing into the hearts of millions across the world. 17 years later she is still called the Chhaiya Chhaiya girl... and we absolutely adore her for that!

She wears many hats now – actor, dancer, producer – and she wears them with élan. It has been a long journey since her MTV days and since she became a Khan bahu. But one thing that has stayed with Malaika is the sheer sexiness and magnetic appeal. Be it the heart-stopping pole dancing in Maahi Ve or pulse-racing belly boogying in Munni Badnam Hui, whatever this diva has made an appearance in has become iconic and timeless. Imagine our plight—we had the daunting task to make the sex icon look sexier. We think we did a darn good job of it. After all, this is FHM.

Since it was a wet shoot, we just had to ask Malaika this and get it out of the way. Her favourite rain song. "It has to be Pyar Hua Ikraar Hua from Shree 420." That's cute but we're talking a little bit of hotness here and there. Then it had to be Tip Tip Barsa Pani, which has Akshay and Raveena, said the lass. But let's focus back on her, shall we? Did you know that Malaika has done 14 item numbers in 17 years! Yup. We told her this and she was just as zapped. That must be a record of sorts... We asked her her favourite three songs. Naturally, it was hard to choose. But we insisted and she rated - Chhaiya Chhaiya was right up there, followed by Maahi Ve and then came Munni. But to be fair to her, she did say that it was a bit hard to choose and all were close to her heart.

As hard it was to concentrate on the interview (we're talking Malaika here, goddammit!) we did manage to ask her scores of questions on her career, personal life and growing up years. It was loads of fun...





anything that is classic cabaret; I love that whole space of dance. For me she is my ultimate dance icon... ever. Any of her songs—be it it from Don or a *Piya Tu*—all were fantastic and I would have loved to a part of them.

And on the flip side, have you ever come across a song where you thought 'I could have done this better, maybe this is a 9/10 and if I would have been a part of it, it would have been a 10/10'?

The only one that comes to my mind, although I think she did a fantastic job, but I nevertheless would have loved to do was *Chikni Chameli*. That's the only one that comes to my mind that probably I would have added my touch to. But even the way it is, I think it is fabulous.

## We still check out your style check videos on MTV. Do you miss those days?

Terribly! Because I think those were the days one could really experiment; we would go crazy as we would have the camera rolling and we would be allowed to do what we really wanted. There I got a chance to be a million characters other than myself.

## Any funny memories from the sets of the films that you have been a part of?

Funny... For me I have had a couple of them. Right from *Chhaiya*, I remember when they put us on top of the train and I froze because it was so fast and I looked on either side and there were these mountains. They harnessed my ankle to the side of the train over there. I don't know what they were thinking because God only knows how I danced harnessed to the side. That was just pretty crazy for me.

For Maahi Ve, being on a pole was exceptional! I had never done anything like that ever! I learned to pole dance and had these amazing pole dancers. They were doing these amazing things and kept on teaching me so that was a fantasy that I really lived out. In Munni I was in a rickshaw and I flew off that rick. Like I went flying literally. According to everyone in the film it was the most elegant fall ever.

## It just happened by sheer accident?

By sheer accident, I was trying to be really poised on the rickshaw, so I keep having these crazy things. Besides that I have always had the good fortune of having amazing co-stars. They always entertain me on the sets.







## **GROWING UP**

FHM: How was it growing up in a household that was a potpourri of Punjabi and Catholic backgrounds?

Malaika: It was a buffet (laughs). That was the best part. We had the best of food from all over the place. Perhaps that was the best part of growing up in such a household. And I come from a really matriarchal family. It was fun growing up. I was nothing like what you see me today at all. I was a tomboy with short hair. My mom insisted that I had to have short hair, climb trees, scale walls...

Wow! So tell us something about what you remember, like when you think of your growing up years, any memory that comes to mind?

Like I said, I was a tomboy and I lived like that for a really long time. Until one day my mom told me to be more ladylike about things. I would always be in shorts, jeans, my hair really short, hanging out with the boys all over the place and was extremely naughty. For me to suddenly switch from being a tomboy to trying to be ladylike—that's what I can really remember from my growing up years.

How was vising grandparents? I come from a really large family.

I come from a really large family. There were 30-40 cousins, 30 on an average. On my mother's side, there are 10 kids, and lots of grandchildren all around and the only grandparent was my grandmother. But most of my time was spent with my aunts, holidays would be with them and they would pamper us silly. For me my growing up was all about great food.

## How was your chemistry with Amrita while growing up?

I was a protector and she was this cranky young kid who would be constantly noisy.

#### So she was the spoilt one?

Not the spoilt one but she was very cranky, sickly, she was like that and I was the one who would constantly protect her, take care of her, fight for her, you know all of that. I was like a surrogate mother to her. My mom was working and stuff. But ya, we would fight like cats and dogs. At the same time I love her to death:

my little baby sister and I have always been like a mom to her. But we fight to date!

## And school days...tell us something about that. Were you hot property back then?

you hot property back then? Hot property? I was a topper. Actually I was quite a good student. I knew all the boys used to check me out but...

## That's a better way of saying what I am saying.

(Laughs) I knew that for sure but because I was Head Girl. But yes, I have gone through my fair share of all that in my growing up years. But I never really had a boyfriend per se—that was much later in life.

## Who was your first crush?

Back in school it was Chunky Pandey. If I tell him that I am sure even he would be shocked. I had only two guys' posters in my room—one was of Chunky Pandey and the other one was of Tom Cruise

# You said somewhere that you never really wanted to get into acting. So what did you have in mind and how did things take a different turn?

I never really enjoyed the whole acting space. It was never something that excited me or was my calling, at least that's what I think. The song and dance routine happened by chance and I loved it. I chose this route because this is what I like.

#### Nice. But while growing up did you think of either becoming an engineer or a doctor or get an MBA degree perhaps? Basically any of the clichéd careers?

I think we have all been through that. I started with wanting to be an air hostess because my aunt was one. I thought that it was the most glamourous life because we used to have sparkles in our eyes every time we saw her. Then I wanted to be a professional dancer because I have been dancing all my life and, until college, I wanted to do child psychology. As you can see, I have been through my fair share of 'I want to try this and that'. And look where life's gotten me. No complaints at all!

## ASKED ALONG THE WAY

#If you were to indulge in a day of gluttony, what would you eat?

Biryani... Mutton Biryani.

#Favourite drink for the beach?
Gin and tonic.

#Female celeb you could kiss...

Gisele Bündchen.

#Most visible colour in your wardrobe?

#How many pairs of shoes do you own?
At last count... maybe 200.

Black.

#Favourite Indian designer?

designer?
Picking one is difficult... Monisha
Jai Singh, Gauri Nainika, etc.

#Favourite international apparel brand? Chanel, Cavalli, YSL.

#stilettos or sneakers?
Stilettos.

#Beaches or mountains?
Beaches.

#Favourite gadget?
My phone or my kitchen aide.

#Fragrance you can't live without?

Burberry Brit.

#Favourite superhero Superman.

#Your favourite workout track?

Could be anything-from hip-hop to U2 . I don't have that one particular, it's just something that I just click with.

**#FHM for you is...** It's sexy. It's fun. It's naughty.



## **PERSONAL LIFE**

FHM: We have heard that you're a brilliant cook. What is it that you can make the best?

Malaika: Well, I am not a brilliant cook but I can manage (laughs). I am a fairly decent cook. What I am really good at is Thai food, Khow Suey. I am not good with the every day stuff like dal chawal. I like something that I can experiment with... I do sushi really well.

## How is Arbaaz as a dancer? Does he complement you?

Complement? I think the Khan boys have a weird way of complementing. It's always in a joke, they always make fun of you first but one must understand that when they are making fun of you they mean to complement. They would never come out and say, "Whoa! You are looking fabulous!"

## And how is Arbaaz on the dance floor?

A mess. He is not a dancer, not at all. He does own the dance floor when he's on the dance floor because he doesn't let anybody else dance... he completely takes over.

How do you manage your time between your family and such a jam-packed career? Are you ever conscious that one aspect is getting neglected because you are devoting too much time to the other?

I am conscious about every aspect of it. I make sure none of it gets neglected. That's how I go about it.

# So, a mom, a wife, a model, a VJ, an actress, a producer now and a TV show judge, you are juggling quite a lot. Which role is the most demanding?

Being a mother, for sure. Because at the end of the day it's being responsible for somebody else. Everything has its way of working around but not when it comes to a kid. It is, by far, the most demanding but also the most gratifying.

If you had to get a body part insured, which

#### one would that be?

Which would you insure? What body part of mine would you want to insure? Let's put it that way.

## We would say your legs.

Alright. So we go with my legs then. (*Smiles*)

## Do you have a secret tattoo that no one knows about?

I have loads of tattoos all over me. I am a tattoo junkie. My latest... I have got 3 swallows, that's what I have.

#### What's its significance?

I just like it. There's a sense of freedom attached, you know birds in flight—there's just something that makes you feel happy. And then I got my son's birthdate done. My name means angel so I have got that done too. Every time I travel, every time something interests me, my way of having any significance about it is to get a tattoo.

## What does your typical day look like?

My typical day starts with my waking up pretty early. I work out, I hit the gym and am off to work if it's a working day. Else, I am home taking care of the house. When I can, I pick up my son from school and take him for his after-school classes, then come back and be at home. On Sundays I cook, generally with family time in the evenings. It's pretty much like that and yes, I go to bed pretty early.

## What time do the lights go out?

For me it's 10:30.

## Who would you date if given a chance?

Go out on a date? Without a doubt-Daniel Craig.

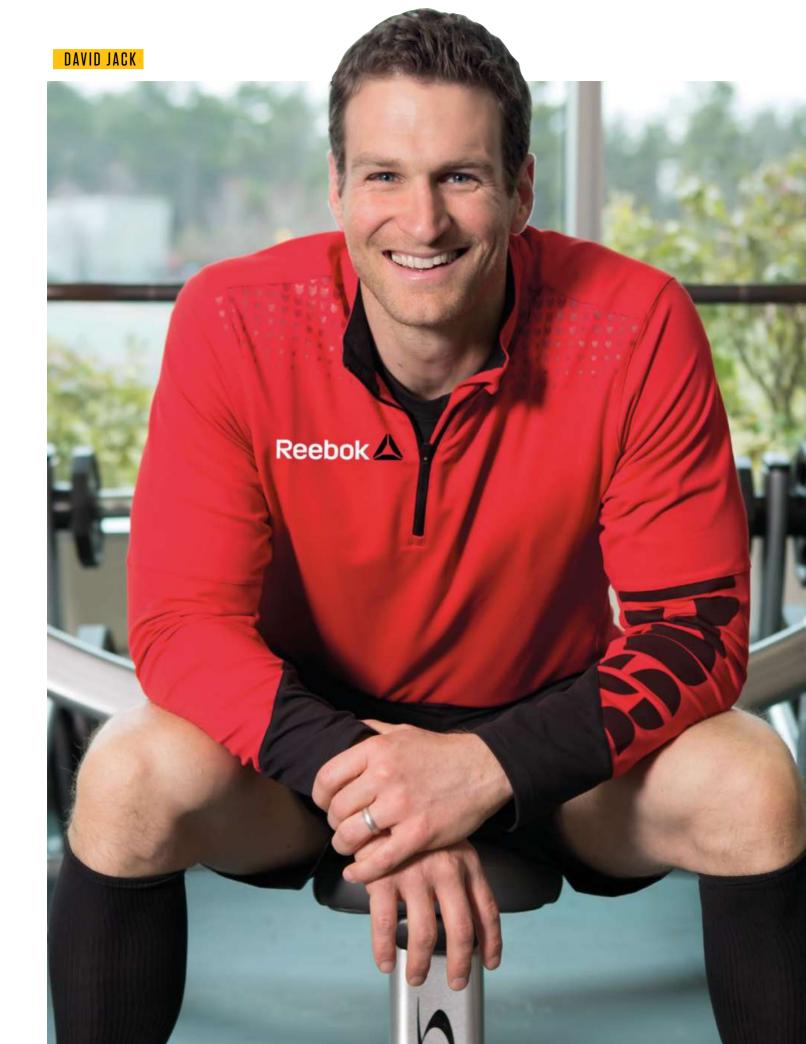
## In any particular role or Daniel Craig, the actor?

Just Daniel Craig... in trunks or no trunks (winks).

## Any dating tips for our readers?

Just keep it simple, have fun and don't expect the guy to pay every time. Don't talk too much and smell nice. Just have fun.





STAYING FIT GOES BEYOND PUMPING MUSCLES IN THE GYM AND GULPING DOWN PROTEIN SHAKES. WE SAT DOWN A GLOBAL FITNESS TRAINER TO ABSORB WHY METABOLIC TRAINING IS THE REAL DEAL.

#### WORDS BY SIDDHARTH M JOSHI

In countries like India, which are growing and where people have greater opportunities to work, the spendable time seems to be proportionately diminishing. Obviously fitness takes a backseat on their scale of priorities. Extremely conscious of my own state of fitness, I make a desperate attempt

to tuck my extra flab under the belt and meet the Reebok Global Master Trainer, David Jack.

On a strict 8-day multi-city tour in India to introduce the concept of metabolic training to fitness coaches, David highlights the irony in my opening statement, "What else are we working for? If at 42 you have a heart attack and are not here anymore, how



## DAVID JACK

does it the number of hours we chased work for, or how much money we earned? We will not be with our family to enjoy it."

Just to put things in perspective, I am far from being 42 but the example still sounds scary. So, what's the way to get that extra bounce for your ounce? I ask, now wary to pour the content of that open sugar sachet in my lemon tea. "As a backward rationale you need to realise that all you have is yourself, to enjoy this life. Still the reality is that people say they don't have an hour to work out. So, we needed to harness a way to be able to give them an opportunity to get fitness in shorter amounts of time that actually did something for them. Enter metabolic training as a potential solution."

One should expect to get stronger, get more cardiovascular fitness and burn body fat. It's not necessarily weight loss; which is good but it's body fat that we want to get rid of, and create more of lean muscle. Because lean muscle is what provides our body more energy, protects our joints and bones, and gives us structural and postural health.

On further coaxing Davis spills that it's all about understanding how the human body functions in its most natural state. While doing the simplest exercises there are only certain muscles of the body that come under strain. So, instead of the traditional strength training, which he insists still has its place, you might rest for 30 seconds and then do an exercise for a different group of muscles. This way, your heart rate stays elevated because you're working, say, your legs and your muscles burn. Your legs are tired, but the back is fresh, and you switch muscle groups. You're still metabolically working to perform, to create energy and to respond to stimulus. And, most importantly, you save time.

### THE UNIVERSE OF MOVEMENT

There are infinite ways that a body can move by the way of different exercises and movements that it can perform. David illustrates, "You can take a squat–just stand up and sit down. Now add dumbbells or bars or kettle-bells or a sandbag when you do it. Next, you could reach to the left or to the right, up or down. Throw and catch a ball in between the squats. Slightly splitting out your feet, go down slow, come up fast, or go down fast and come up slow; we can manipulate that exercise in infinite patterns, and it's still a squat." So, you can stack two movements and geometrically double your exercise.

#### **RISKS AND GYM FIXES**

Sometimes common sense escapes us, because it's exciting and everyone else is doing it... it's called the gym fix. We get in there and we know we shouldn't do a certain exercise, but the hormones inside, the energy around you, the camaraderie, the cheering, all combined make you change your mind. And the next thing you know is







you go, "Oh Ya! I can do that." And maybe you can for a session or two. But ultimately what happens is you hit a threshold where your body can't do it anymore.

Metabolic training is high on intensity and is fast paced. Because fatigue is alleviated, if you don't own the movements and aren't conscious about your form and quality when you're tired, that's when those exercises turn into something they were never designed to be. David warns that you shouldn't have pain and injury, because these are the most common risks involved.

"Fitness should always make you feel better, and in the end buy you vitality. You should feel better from where you started. It's going to be challenging and you're going to sweat. You should sweat and smile and should feel the burn because that's where growth comes from, but ultimately it should

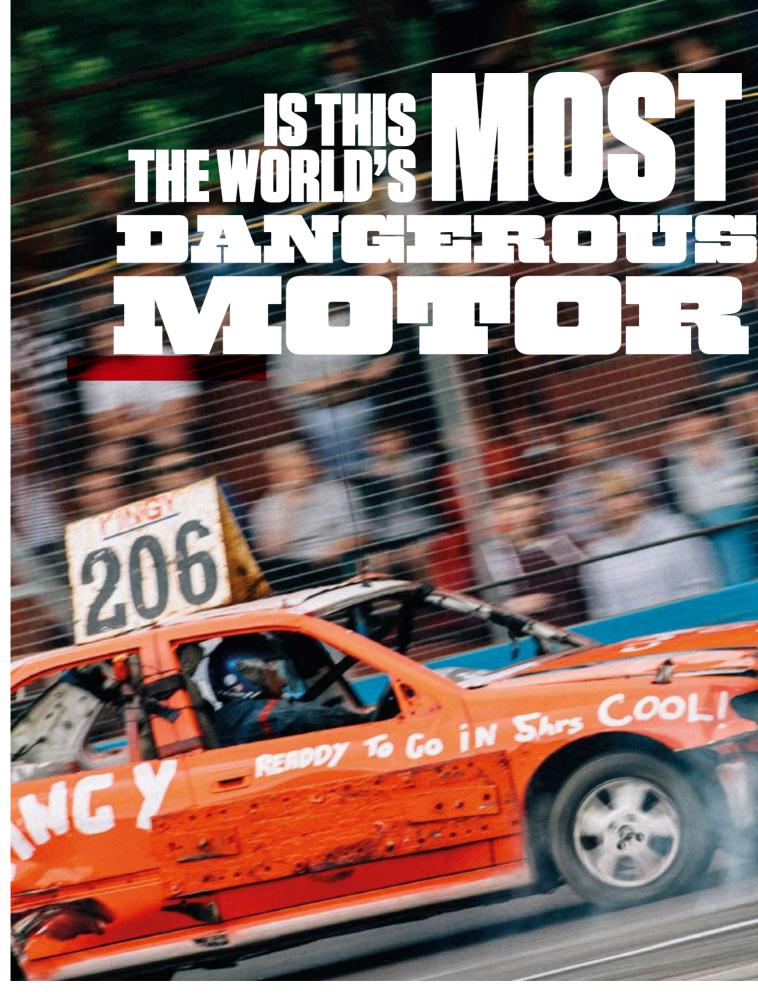


be sustainable. And if you're doing something today that you couldn't do two or three years from now you've got be careful. Risks still need to be calculated."

#### TRAINER SELECTION

People need to be empowered to know what to look for in a metabolic training environment. How long has the coach been training? Do they have experience in metabolic training? Do they assess you? Do they ask you about your goals? Do they make you do an exercise that you're uncomfortable doing?

Observe a class. And if you see there are people all over the place, everybody's form looks different and it doesn't look safe, then it's probably not safe. The coach needs to take time to teach, educate, listen and ask questions. You must feel like you matter there and that the trainer cares.









he scene in the pits is one of absolute chaos. A stench of motor oil, burnt rubber, chip fat and sweat clings to our nostrils and mini tornados of dust coat our face and teeth with grime.

To our left, a bloke aggressively jumps on his car's bonnet–keen to iron out its wrinkled hood by way of a Dr

Marten boot–while on our right, a buzz saw carves through a twisted wheel arch, sparks flying worryingly close to a swollen tyre that looks ready to blow. With a deafening concerto of engines completing the sensory overload, crumpled motors become mechanical miracles by grunting back to life and edging towards the track for just one more ride–albeit chased by puddles of oil and a fog of black.

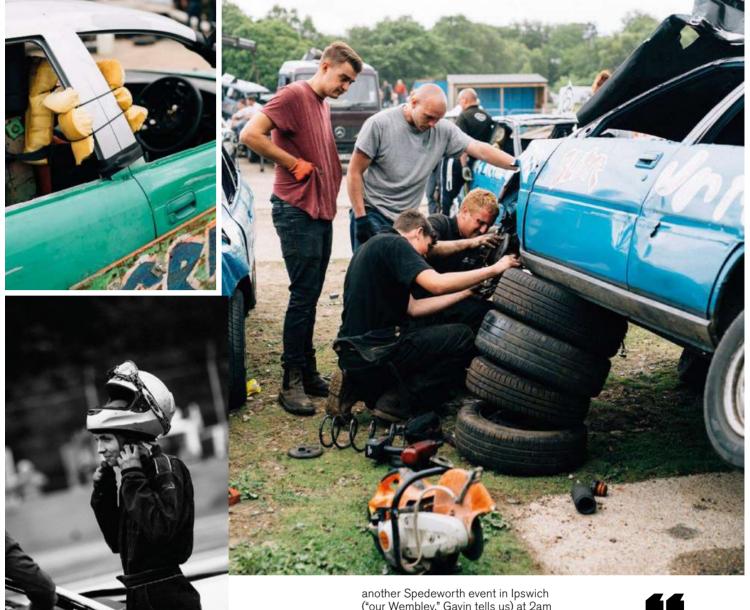
Welcome to the world of banger racing: the planet's most exhilarating, grease-splattered motorsport-available to men, women and children aged six and up. Health and safety enthusiasts need not apply.

SPEDEWORTH'S GAVIN BOTFIELD ATOP HIS BELOVED HOT ROD. DESPITE CURATING EVENTS ON EIGHT BRITISH TRACKS, HE'S "TOO SCARED" TO DRIVE A BANGER Hours earlier, FHM is stepping off the train in Aldershot, Hampshire, a town trumpeted as 'Home of the British Army'. But we're not here to see squaddies on manoeuvres. No-

Aldershot is also home to Spedeworth Motorsports, a promoter that stages banger, hot rod and stock car races across eight British tracks, along with events as far afield as Ireland, the Netherlands and South Africa.

Meeting us is Gavin Botfield, heir to the Spedeworth empire and occasional hot rod racer (a class where contact between cars is forbidden). Working seven days a week in the family business—orchestrating races, building custom race vehicles, then cleaning up the stacks of mangled steel left behind afterwards—Gavin lives speed, breathes danger and sweats petrol. And yet...

"You wouldn't get me in a banger—too scared," he tells us, as the paint fumes in the Spedeworth workshop make us feel light-headed. "It's the thought of going into a bend and knowing the bloke behind you could pick you up and drive you straight into the wall. In a hot rod, that very rarely happens, so you don't have that fear."





s British as pie and mash, snoozing and lobster tans rolled into one, banger

racing first smashed its way on to our shores in the 1960s. A spin-off of traditional stock car racing, it saw light after promoters realised the loudest cheers during a race meet were after the occasional collisions. Thereafter, crashes took centre stage.

In the modern scene, banger drivers are divided into two groups: rodders (in it to win), and crashers—there for the adrenaline alone. The rules state you can't hoon it into another racer's door (though this does often happen), and... that's pretty much it. Everything else is legal.

After returning home from

another Spedeworth event in Ipswich ("our Wembley," Gavin tells us) at 2am this morning, Gavin was up early to get Aldershot Raceway ready for today's meet—a testimonial for John Dodge, a 68-year-old whose racing career is in its fifth decade. With 'Back to Basics' Bangers, Historic Stock Cars, Junior Rods and Ladies Bangers formulas all on show, all classes except the juniors (kids aged 10 to 16 zooming round in hatchbacks) allow some degree of car-on-car contact.

Given it firmly flicks the Vs to the bubble-wrapped, politically correct backdrop of mainstream motorsports

and, moreover, modern life, racing bangers does come with risks. A number of deaths, of both adults and children, have marred the sport in recent years. "It's always a tragedy for our community," says Gavin, stoney-faced. "Deaths do happen, but they are rare."

Injuries, though, range from whiplash and fractured bones to plenty of cuts and bruises. Safety is by no means overlooked—each car is stripped out, equipped with a roll cage and five-point harness, with racers duty bound to wear a helmet, gloves and fireproof overalls. But such scrapes are mere collateral damage for the pure, unadulterated rush on offer, in what is essentially bumper cars on amphetamines.

"It's the thrill of it," says Heather Parker (who'll later









smash her way to victory in the Ladies Bangers final), on what lures her into the driver's seat. "It's the excitement of seeing cars being crashed up, you know?" At 51, Heather is a mild-mannered carer by day, yet, come the weekend, she-along with her husband, sons and daughter-unleashes hell behind the wheel of a screeching motor. This, as far as her colleagues are concerned, is her dirty, oily secret.

"The people I work with don't know I do this," she says, beaming. "They'd be shocked, because I'm this gentle carer, then I change into overalls and off I go. It's like Clark Kent putting on his Superman pants—I become a totally different person."

Amid the toxic fumes that'll likely shorten life expectancy, one thing unavoidable in the pits is the strong sense of family. Fathers race alongside sons, mothers with daughters—multiple generations

TTELES

SEP COESTE

USED TO BE

OF SCUMBAGS

coming together to cheer on a racer, inflate a tyre or wallop a door back into shape with a hammer. John Dodge, the pro in whose honour today's event is being held, has two sons, a daughter, a niece, two nephews and a grandson competing today.

Though Spedeworth's Gavin claims "rich businessmen" running cars worth \$40,000 are regulars at hot rod events, Henley Royal Regatta this is not. There's no shortage of men in shorts, tapestries of tattoos and panting dogs on chains, along with cheeseburger vans and lager stands open from mid-morning. And yet, with a crowd ranging from ear-defender-clad toddlers to OAPs napping in chairs, it is a wholly

welcoming environment, even to us-the confused, mechanically dunce outsider.



yler Proudlock is 11 years old, yet he owns six Vauxhall Novas. We stumble across him and his dad-former Hot Rod World Champion, Shaun Proudlockreliving every bend of the first

Junior Rods race, in which Tyler just finished fifth. Proudlock Senior believes it's all-action hobbies such as racing that keep youngsters like Tyler on the straight and narrow, rather than doing doughnuts in car parks.

"He's gonna get his anger out on that track-you put





your foot down and the aggression comes out," says Shaun. "I was racing before I went on the roads, and I failed my first driving test for going too slow. I was overcautious!"

Of course, the bangers scene is not without its critics. Race car fans shed actual tears about the finite circle of classics made smaller in the handful of vintage-car-only meets held each year. "Anyone involved with this event should hang their head in shame," Nick Larkin of Classic Car Weekly said in 2011 of an annual race of vintage Austin Westminsters. "These were rare cars, part of our heritage."

But Deane Wood, Spedeworth owner and Gavin's stepdad, hailed that meet as a "great success", responding: "No salvageable cars were used and the cars raced yielded a lot of almost impossible-to-find spares [...] that would otherwise have been lost if the cars were left to rot."

Deane has spent the past decade since purchasing the company attempting to redraw the blackened image and stereotypes



"Don't talk to any dickheads," he growls at us when we first meet, holding out a swallow-inked hand. "This sport used to be full of scumbags. Years ago, it would be: steal a car, bring it to a race track and smash it up as a banger."

Gavin agrees: "To some, banger racers are the lowest of the low. It gets a bad reputation because cars do get nicked, and people think it's the racers. I'm not saying it doesn't happen, but it's stigma more than anything. Shit sticks."

Out on the track, FHM—dressed in a fetching high-vis tabard—has been granted access to the track's centre, providing the best and also pant-spoilingly scary view of proceedings. As 40 clapped-out bangers eagerly whizz out in turn, every one a write-off to any garage, we can practically taste the petrol stripping the back of our throats. And we're fairly sure we've perforated an eardrum.

As the safety car peels off and the motors speed into the first bend, the action that unfolds is what can best be described as X-rated car porn. Brightly coloured machines—sporting adverts for local companies, or slogans like 'Keep Calm and Crash On'—thunder in to each other without mercy. A lime green Vauxhall flies into the air after being shunted into the wall, as a silver Citroen with a crumpled-origami bonnet slams into its backside, the driver unable to see through the ink-black plumes billowing out.



Fans grip the wire fence baying for more, as the rodders navigate their way around the carnage in a desperate bid to register laps. With cars spinning out and piling up—one ending up on its roof—we have no clue who's winning. But then, like every other fan here, we're not sure we care.

The red flag falls, and hunks of metal and bumper pieces are cleared from the track; cars exiting the arena either of their own volition or with the help of a forklift. In the pits, last-minute repairs are in overdrive, as it's just been announced the day's final event will be a destruction derby, where several cars relentlessly batter each other until just one car remains. Keith Reynolds, a scene legend who proudly claims to have destroyed over 900 cars, is swapping out a radiator ahead of the final showdown. We ask if he's a mechanic for his day job, too.

"I'm a postman," he says, chuckling. "I couldn't work in Kwik-Fit, but we will do anything just to get the car out on the track again. We once fixed a car by using a ring-pull off a Coke can."



Our guide to understanding the banger racing lingo



A driver intent on getting round the track as quickly as possible, in hope of bagging a trophy. **CRASHERS** 

Adrenaline-fuelled racers that love nothing better than rear-ending a driver, even if it means ending the race upside down.

## BUMP AND RUN

A move where the chasing driver unsettles the car in front by giving it a whack, then overtaking and leaving him behind.

## BLITZ

Any manoeuvre where a car is mangled to the point of being undriveable. EVERY BANGER Driver Wears A Helmet, Fireproof Overalls, Gloves And A Harness



econds from the climactic destruction derby, there's electricity in the air-despite the resident DJ playing an Ed Sheeran ballad that threatens to flatten the mood. "I'm sure there's

going to be a bit of cleaning up after this one," shouts the announcer, as the motors that have somehow survived this far without being destroyed assemble on track. Not that they look like cars any more: most look more like scrunched-up pieces of paper.

The flag drops and the crowd roars. Each driver loudly selects a rival and hurtles towards them as fast as his juddering engine and depleted tyres will allow.

Within minutes, most cars are stationary—due to either a hefty whack from behind or simply a spluttering, packed-in engine. Postman Keith is tormentor-in-chief. With his nickname—Keefy—adorning the side of his motor in bold, capitalised letters, the crowd applauds each collision and chants his name.

Just as Keith reverses hard into what appears to be his final opponent—a five-door that now resembles a hatchback—his own car shudders to a halt. It would appear that, as the last car standing, he is the DD victor. Then, suddenly, another car strewn to the side of the course—that had appeared to have long since





conked out-resurrects, accelerating round the track and snatching Keefy's win at the final moment. It had been playing dead since the start.

It doesn't matter that Keith lost. The spoils in banger racing aren't exactly plentiful; all you net for a win is £10-£15 if it's a final-plus a cheap-looking trophy and victory lap of the raceway. For Keith, like most others, banger racing is about none of these things. No, for him-and the hundreds of racers who don overalls and helmets and clamber into smashed-up bangers to smash them up some more-it's the stomach-churning buzz he'll never find driving his post van around Guildford. "Adrenaline's like a drug-it's good gear," he says. "From your very first time racing,

you'll never forget the smell. People say hot bread or freshly cut grass is the nicest smell. But for me, nothing beats the smell of a burning clutch."

As scattered piles of debris are swept up by recovery vans, the crushed remnants of cars are stacked neatly by a forklift truck, from which they will soon be dispatched to the scrapyard in the sky. Showtime over, hundreds of fans take their leave, trusted to drive responsibly-and not headlong into each other-on their journeys home. We follow the crowds towards the exit and spot crasher supremo Keith again, mopping the sweat from his shaven head with a gloved hand. We have one final question: what's in his garage?

"I drive a Nissan Micra-it's good on fuel," he says. We laugh. Keith doesn't. He's deadly serious. "Honestly, if you got in the car with me, you'd think I was an old granny."

He pauses, as if reliving some devastating, lifealtering memory, then adds, "Someone called me an adrenaline junkie the other day, and it really offended me. I'm not. I wouldn't jump out of an aeroplane and I think rollercoasters are dangerous. I just race cars.

## THE BIG ONE

A massive pile up involving up to 40 cars - most likely to be seen in a banger race or destruction derby.

## **BROWN TROUSERS**

The feeling of dread a driver experiences when, broken down, an opponent speeds at them head on.

## **GUY FAWKES**

A car that's received such damage that, though able to carry on, bits hang off and sparks fly.

## T-BONE

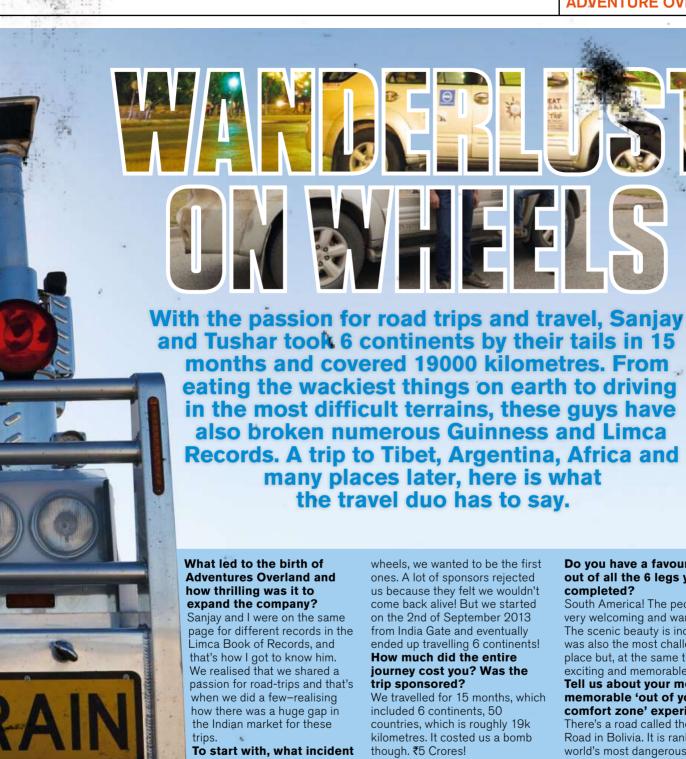
Technically illegal, the action of pelting a rival's car on the driver's door - the shape resembling the popular cut of beef.

## TAKING IT TO THE WALL

Ramming an opponent into the track barrier, with a view to murdering their motor.







or thought made you want to start your engines and travel the entire world? Or was it an impulsive decision to just do something as crazy as that?

We wanted to do something extraordinary and since no Indian had travelled the world on

## What was the weirdest dish you ate in all of the 6 continents that you visited?

We ate a kangaroo! In Africa there's a very famous restaurant called 'Carnivore' on the Narrow Beach. We had crocodile meat and even ox balls over there. In South America, we had a guinea pig. Sanjay ate two!

## Do you have a favourite place out of all the 6 legs you

South America! The people are very welcoming and warm there. The scenic beauty is incredible. It was also the most challenging place but, at the same time, most exciting and memorable.

## Tell us about your most memorable 'out of your comfort zone' experience?

There's a road called the Death Road in Bolivia. It is ranked the world's most dangerous road because of the max number of casualties. Cars have fallen off that road, people have died. Driving on that road has to be the most uncomfortable time of our

What kept you guys going when you realised you had lost your way, since you weren't using any GPS?

## **ADVENTURE OVERLAND**

After doing this trip, we realised not using a GPS was a good idea because we connected a lot with the local people all over the world. Of course, we couldn't afford to miss a turn. But we made a few good friends and sometimes people even invited us over for lunch/dinner even if there were language issues.

## Did you guys collect any souvenirs from these places?

We have a collection of all the currencies from all 50 countries and pictures of the friends that we made. There's even a painting we have that is entirely made of rubies!

## What was the first thought that came to your mind when you were flagged off from India Gate and finally began your journey?

When we started, it felt like we were doing just another road-trip. If we thought of going all around the world, we would have probably freaked out. The day we started to see different cultures, we realised how far we were from home and actually on around-the-world road trip. It hit us then.

## Of course, it's not always rainbows and unicorns, in a traveller's life. What are the worst misconceptions or myths that you've come across about travellers?

No really about travellers as such but there are a few misconceptions about Indians though. All around the world people think we Indians have a lot of food restrictions. Except that we don't. I mean











we ate kangaroos and guinea pigs, for crying out loud!

## What is the funniest or out-of-theworld thing you came across during your journeys?

What was funny was that since we had a Delhi number plate and we were Indians doing a world trip, we were invited for lunch or dinners by the locals all the time. We even got a 22-day free stay in Africa.

## Tell us about any scary or near death experiences...

One time in Bolivia, our car drowned in the river and we had to call a tractor to get it out because our car was sinking slowly. There were times in Argentina where for 4-5 hours at a stretch we couldn't see even a single human being. Driving through snow storms in Alaska and on black ice, that was challenging and I would say we got scared. We overcame it. (Laughs)

## Did you get into trouble on any of your adventures?

In Chile, Sanjay was unloading the car to keep our things in the hotel and there was a guy who was frantically moving his hands as if it was an emergency. So I ran to him thinking something's seriously wrong, without locking the car. When we returned, we didn't even realise that some of our bags as well as the camera bag were gone. All that was worth ₹3 Lakhs... stolen.

# Throughout your world trip, you meet a plethora of people. Any memorable or offbeat family or person that you came across?

There was a lady we met in Santa Barbara, LA. Since our car has a lot of stickers from all the places we travelled, a very peculiar woman noticed us and signalled to speak to us. She told us that she followed some Indian Guru who had an *ashram* somewhere in a very posh part of LA. She almost forced us, taking us off track and route, to go to that *ashram*. She even accused us of being negative people when we refused to go with her!

## Did you get to meet any celebs as well?

We met the SRKs and Karan Johars of Myanmar. It was lovely meeting the film industry people there. We even met a famous wrestler, called Shocker, in Mexico.

# In all of the countries that you visited, did you come across any which were politically tensed? Tell us something about it.

We were planning to go to the Middle-East, but we missed that entire patch because it was politically tensed. In our route, the countries which we went to, they were politically stable.

## ASKED ALONG THE WAY

Harshest weather

## Most frustrating

jams TUSHAR: Alaska SANJAY: Columbia

## Most scenic drive

TUSHAR: Alaska SANJAY: Australia

## The cheapest place

**place**TUSHAR: India
SANJAY: Ecuador

Most expensive T&S: Australia

Strangest foods TUSHAR: Ox Balls SANJAY: Guinea Pig

Total countries covered? T&S: 50

## Define travel in one sentence.

TUSHAR:
Following your
passion and
dreams
SANJAY:
Learning, sharing
and experiencing

### Since you've travelled across the world, how many languages can you order a beer in?

T&S: Spanish, Swahili, Indian and

## Any peculiar local alcoholic beverages?

beverages?
T&S: Pisco in Peru and Rice Beer in Nagaland.

## Would you have the Kangaroo

again?
TUSHAR: We would. But not the guinea pig again.
Even the teeth were presented on the plate with the guinea pig, it was disgusting. Sanjay ate two though, don't know how.
We even rode an Ostrich and then we ate it.









### Did you find any country more corrupt than India?

Yeah! Absolutely! There's a lot of corruption in Africa. Especially in Kenya. Once we had to take a U-turn and these two policemen came and put their guns to our heads, almost ready to kill us. Of course those guys weren't policemen and were trolling us. Luckily the bribe came down to \$5 from \$2000. All this, just for taking a U-turn!

## Since you had a car with a Delhi number plate, how difficult was it to get it into some countries? What were the procedures?

We faced a lot of difficulty in Australia. Those guys don't even allow a single dust freckle to come into their country! Australia is a little messed up, though. Once we were driving and then we got hit by a kangaroo. Just the night before we ate one. Turns out Karma isn't a bitch, it's a kangaroo!

## What advice can you give to those who want to travel fulltime but are afraid to take the leap?

Follow your passion! Our passion as travellers is our business. To experience the diversity of mother-nature with all five senses, that's travel for us. Allow it to transform you as a person.

fhmindia.com September 2015 **FHM** 81



# STARRING

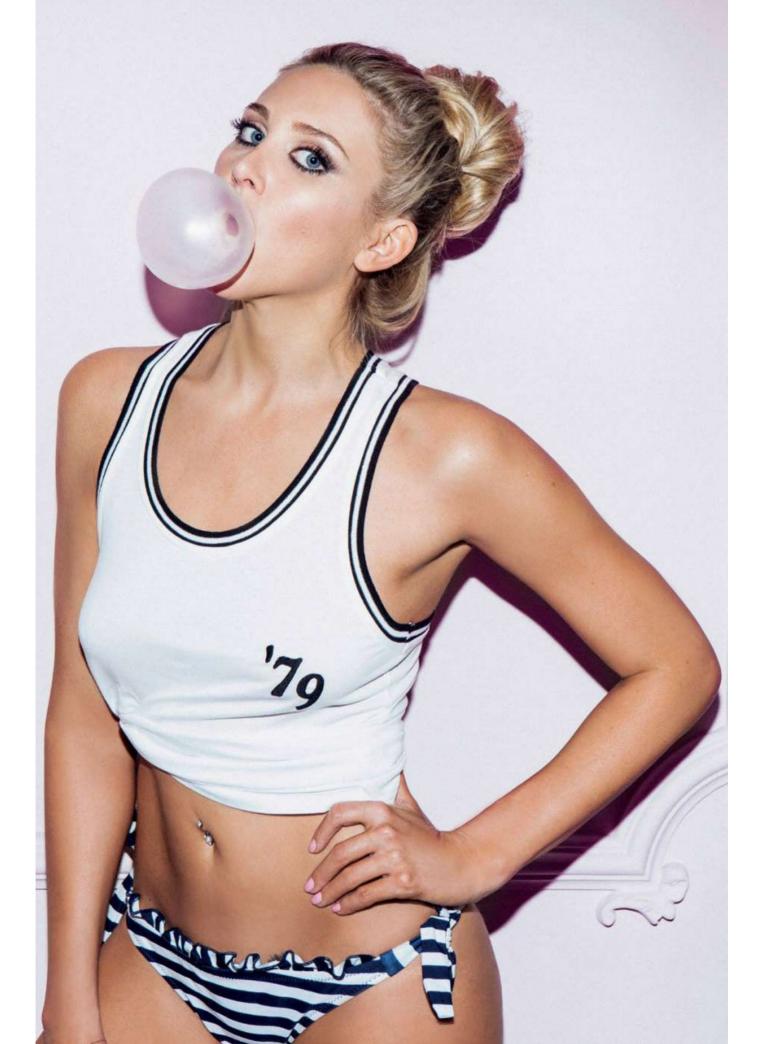
MADE IN CHELSEA'S SUPER-HOT USA STAR GIVES US ALL A VALUABLE LESSON IN UNDERSTANDING THE FAIRER SEX... AND HOW TO PERFECT THE ART OF A KEG STAND

WORDS: CHRIS SAYER

PHOTOGRAPHY: ZOE McCONNELL





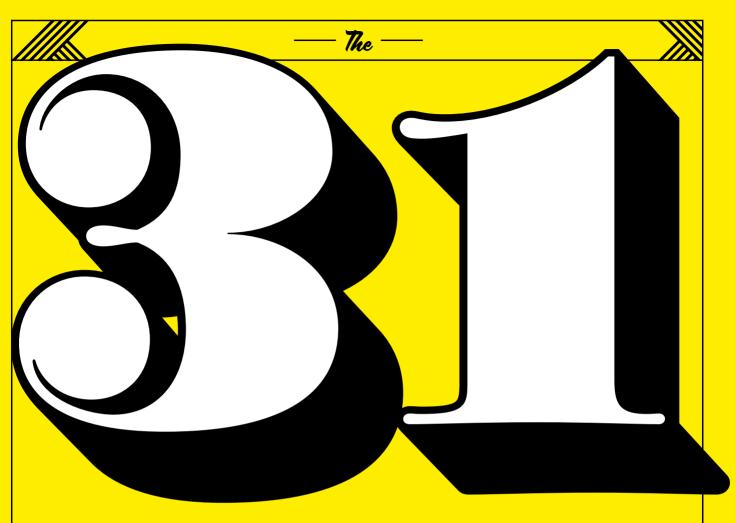




Photography: Zoe Mcconnell. Styling: Michelle Kelly At Carol Hayes. Hair And Make-Up: Susanna Motoa Using Pro Mac And Bumble And Bumble. Clothing: Blazer, Vest, Bikini Bottoms, Irop Shop, Topshop.com, Bikini Bottoms, Liz Hurley Beach, Elizabethhurleycom, Blazer, Very, Very.co.uk, Bra, Intimissimi, Intimissimi.com, Skirt, Crop Top, American Apparel, Americanapparel. Socks, Pringles Pringles cottand.com, Jacket, T-Shirt, Sweat Shirt, Majestic, Majesticathletic.com

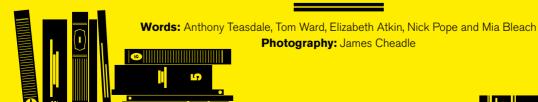




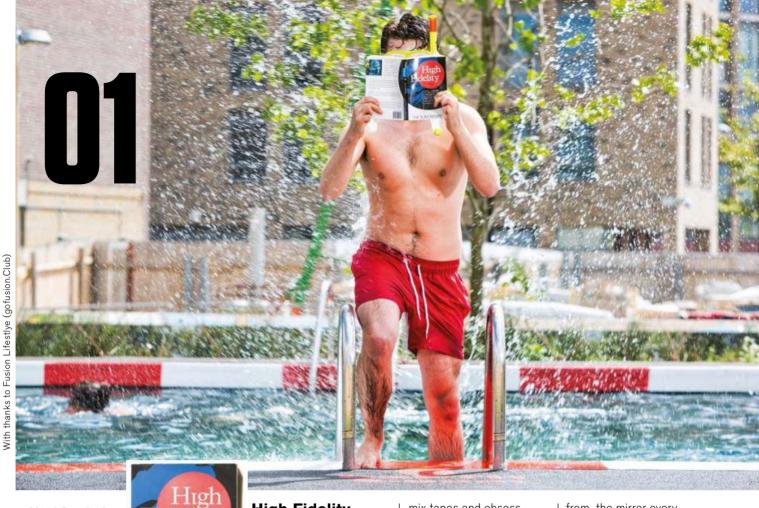


# GREATEST BOOKS FOR MEN

From detective novels to self-help manuals, everything a man needs to know about life can be found between the covers of a good paperback







YOUR EX IS AN EX FOR A REASON





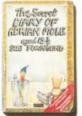
Meet Rob. He's the manager of a London record shop in which he and his sad friends make top-five lists, talk about mix tapes and obsess over albums by dead blues musicians. Then Rob decides to get in touch with five of his ex-girlfriends to find out where it all went wrong. Great idea! We all know a guy like Rob: he looks back at us from the mirror every morning.

Key line: "What came first—the music or the misery? Did I listen to the music because I was miserable? Or was I miserable because I listened to the music?"



YOUTH IS WASTED ON THE YOUNG. THANKFULLY...

The Secret Diary Of Adrian Mole Aged 1334 Sue Townsend



Read this as a teenager and you'll cry with laughter. Repeat as a man and the tears may not be ones of joy.

Key line:

"8.45am. My

mother is in the hospital grounds smoking a cigarette. She is looking old and haggard. All the debauchery is catching up with her."

## 03

TAKE RISKS, MAKE MONEY
Whatever You Think,
Think The Opposite
Paul Arden

NICK HORNBY



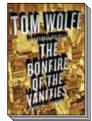
Life is full of 'common sense'. In Arden's brilliant self-help book, we're urged to make decisions that

go against everything we think is true. Great cover design, too. Key line: "When things go wrong it's tempting to shift the blame. Don't. Accept responsibility. People will appreciate it, and you will find out what you're capable of."

## 04

THE BIGGER YOU ARE, THE HARDER YOU FALL

The Bonfire Of The Vanities Tom Wolfe



New York banker Sherman McCoy has it all—the money, the women, the hair—until a car crash leads to a

catastrophic downfall. This book acts as a vivid reminder that we're all one mistake away from ruin. Cheers!

Key line: "A liberal is a conservative who has been arrested."

## 05

NOT THAT SCARED OF JAIL? THIS WILL CHANGE YOUR MIND

Papillon Henri Charrière



After being convicted of a murder he didn't commit, Charrière faces 14 years under the cruelest of prison

regimes, with torture and violence a daily occurrence. Needless to say, it's ace when he escapes.

Key line: "I'd been in prison 11 years. I was 35. I'd spent the best years of my life either in a cell or in a black hole."

# No.

## SOMETIMES, IT'S BEST TO HAVE A LEMONADE



The Shining Stephen King

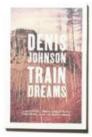
Like a drink? So much that the walls talk to you and your son acts as a conduit between you and the dead? Modern gothic horror that will keep you up all night.

Key line: "He looked to her like an absurd 20th-century Hamlet, an indecisive figure so mesmerised by onrushing tragedy that he was helpless to divert its course or alter it in any way."





## BIGGER ISN'T ALWAYS BETTER Train Dreams Denis Johnson



At 128 pages, *Train Dreams* is small enough to polish off over a weekend, but profound enough to keep you thinking about

the tale of a logger inhabiting the burned-out ruins of his former home until at least the following Wednesday.

following Wednesday.

Key line: "The first kiss
plummeted him down a hole
and popped him out into a
world he thought he could get
along in."

## 08

## LIFE'S FULL OF DISAPPOINTMENT: LAUGH IN ITS FACE

Bright Lights, Big City Jay McInerney



You'd think that a story centred around death, disappointment and 4am

cocaine comedowns
might be depressing, but
McInerney's intensely
morbid sense of humour
cements this as
one of the funniest novels
you'll ever read. A life
lesson for the ambitious.
Key line: "Your heartbreak
is just another version of
the same old story."

## 09

## WAR ISN'T ALL ABOUT FIGHTING For Whom The Bell Tolls

Ernest Hemingway



Forget those tedious English classes; it's time to give Hemingway's epic about the

Spanish Civil War another go. Focusing on a group of rebels waiting for the right moment to strike, the novel is a masterclass in tension. Remember to have a strong drink handy for the final battle.

Key line: "The world is a

Key line: "The world is a fine place and worth fighting for."

## 10

## SOMETIMES IT'S BEST TO STOP RUNNING The Thirty-Nine Steps

The Thirty-Nine Ste John Buchan



It's May 1914 and tweedwearing Richard Hannay has just been

fingered for the murder of an American spy. This sets in motion a chase across southern Scotland with all sorts of dastardly villains in pursuit. You'll read it in an afternoon.

Key line: "It struck me that Albania was the sort of place that might keep a man from yawning."



19

SO YOU KNOW WHAT 'POOR'
REALLY MEANS

Down And Out In Paris And London George Orwell

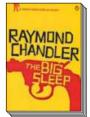


Orwell's semiautobiographical account of being a penniless writer transports us to the unseen corners of '30s

London and Paris. The story follows Orwell as he begins to economise by cutting out wine and cigarettes, and then, inevitably, food. These dark, eerie accounts present a vivid portrait of a life on the edge. And it's mostly miserable there.

Key line: "Within certain limits, it is actually true that the less money you have, the less you worry."





Brief snatches of dialogue. A detective who speaks in short sentences. More

metaphors than a lorryload of poetry books. *The Big Sleep* is the definitive detective novel, featuring drinking, blackmail and murder in equal measure. Plus, in Philip Marlowe, it boasts one of literature's greatest lawmen.

Key line: "I don't mind your

Key line: "I don't mind your showing me your legs.
They're very swell legs and it's a pleasure to make their acquaintance. I don't mind if you don't like my manners.
They're pretty bad. I grieve over them during the long winter nights."

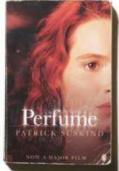
## Money Martin Amis

In the world of manly books, *Money* is the granddaddy against which all others are measured. If you're not familiar with the jetsetting series of embarrassments that forms film director

John Self's life, now's the time to get acquainted. Key line: "Money doesn't mind if we say it's evil, it goes from strength to strength. It's a fiction, an addiction, and a tacit conspiracy."



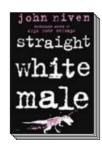
15
IGNORE YOUR EYES, FOLLOW YOUR NOSE
Perfume: The Story
Of A Murder
Patrick Süskind



It's
18thcentury
France
and
Paris is
awash
with
odours
(so
what's
new?).
Into this

stew is born Grenouille, a child with a sharp sense of smell who embarks on a murderous crusade to make the perfect scent. You'll never think about smell in the same way.

Key line: "Odours have a power of persuasion stronger than that of words, appearances, emotions, or will." 16
DON'T GET ADDICTED
TO PORN
Straight White Male
John Niven



Possibly the most ambitious masturbator in fiction, Kennedy Marr is a successful author struggling

with taxes, an estranged daughter and a worrying lump on his penis. A tale of one man's attempt to blunder, drink and insult his way back to the top.

Key line: "The human body: why did its-franklylimited repertoire of moves manage to fascinate him so endlessly?" 17
YOU HAVE TO TRAVEL FAR TO
FIND OUT WHO YOU ARE
Song Of Solomon
Toni Morrison



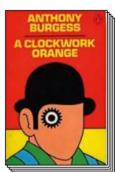
This book follows the journey of Macon 'Milkman' Dead III and his quest for identity. Set between the '30s

and '60s, but jumping back to the 19th century, Milkman travels from his home state of Michigan to Pennsylvania and eventually Virginia where he comes to terms with his slave roots and age-old injustice.

Key line: "You wanna fly, you got to give up the shit that weighs you down."



BE IN A GANG: GET IN TROUBLE A Clockwork Orange Anthony Burgess



Set in a nasty futuristic Britain, nutty teenager Alex heads up a gang who speak in slang, drink milk

laced with drugs and wander the streets killing, raping and stealing.

Key line: "The next morning I woke up at oh eight oh oh hours, my brothers, and as I still felt shagged and fagged and fashed and bashed and my glazzies were stuck together real horror-show with sleepglue, I thought I would not go to school."

19

IF YOU DON'T CARE, NO ONE ELSE WILL

The Outsider Albert Camus



A story about a murderer who not only kills without remorse, but feels nothing when he is sentenced to death. You

know that guy in your local who drinks strong lager without talking to a soul all night? Yeah. It's him.

Key line: "I looked up at the mass of signs and stars in the night sky and laid myself open for the first time to the benign indifference of the world."

20 BUREAUCRACY IS THE ENEMY Catch-22 Joseph Heller



WWII bombardier Yossarian is continuously trying to get out of fighting. But he's trapped by the Great Loyalty

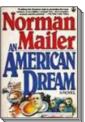
Oath Crusade: a man is insane if he continues to fly combat missions but a request to be excused proves he's sane and so fit to fly.

Key line: "Some men are born mediocre, some men achieve mediocrity, and some men have mediocrity thrust upon them. With Major Major it had been all three."



YOUR BEST FRIEND IS YOUR BIGGEST ENEMY

An American Dream Norman Mailer



A novel about jazz, murder, alcohol and ultimately all the trouble that thing in between your legs can and will get you

into. You can imagine what that entails.

Key line: "A fire had begun to spread in me. It was burning now in my stomach and my lungs were dry as old leaves, my heart had a herded pressure which gave promise to explode." 22

WHY GROWING UP IS A TERRIBLE IDEA

Boy: Tales Of Childhood Roald Dahl



Boy is a nostalgic look back at the times when, as a child, Roald Dahl stuck a dead mouse in the

gobstopper jar at the sweetshop and filled his sister's fiancé's pipe with goat droppings. More daring than most of us will manage in an entire life.

Key line: "We all have our moments of brilliance and glory, and this was mine."



AMERICAN PSYCHO

American Psycho Bret Easton Ellis

How can a book about a murderous psychopath also be hilarious? Because-aside from the horrible killing stuff-ludicrous Wall Street banker Patrick Bateman is also one of the most quotable characters in the world of literature. Still, best not let your mum pick it up, eh? Key line: "'Hello, Owen,' I say, admiring the way he's styled and slicked back his hair, with a part so even and sharp it... devastates me and I make a mental note to ask him where he purchased his hair-care.





# DON'T DO DRUGS. NO, SERIOUSLY... Trainspotting Irvine Welsh

While the film's a cult classic—we've all seen that poster—this meandering ride through Edinburgh's druggy underworld of the '80s is funnier, wider in scope and even more brutal. It's also an excellent lesson on why the injection of heroin is,

on reflection, unwise.

Key line: "People think it's all about misery and desperation and death and all that shit, which is not to be ignored, but what they forget is the pleasure of it. Otherwise we wouldn't do it. After all, we're not fucking stupid. At least, we're not that fucking stupid."



Post Office Charles Bukowski

Bukowski

wrote the

blueprint

for funny,

intelligent

novels on

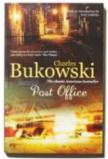
This, his

first, was

published

when the

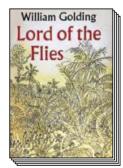
male angst.



author was 50 and details his attempts to swap a career in menial postal work for a life of writing, drinking and gambling. Sounds great.

Key line: "It takes a wise man to make it without working."

2 6 SAVAGERY IS JUST A STEP AWAY Lord Of The Flies William Golding



What happens after a nuclear war when a group of boys find themselves stranded on a tropical island? Clue: they separate into factions and start killing each other.

Your sister's got *The Hunger Games*; this is for you.

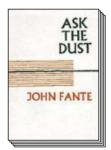
Key line: "We've got to have rules and obey them. After all, we're not savages. We're English, and the English are best at everything."





LEAVING HOME IS SUPPOSED TO BE TOUGH

Ask The Dust John Fante



Ignore the Colin Farrell film and head straight for Fante's novel about a young, down-and-out writer leaving home to scrape by in LA's tough Bunker Hill district. From surviving on oranges to pursuing volatile Latina waitresses, this is a story every bit as romantic as flying the coop was supposed to be.

Key line: "Get out and learn about life, walk the streets. That's your trouble: your ignorance of life."

SMALL EVENTS HAVE
A HUGE IMPACT
Slaughterhouse-Five
Kurt Vonnegut



After being captured by aliens, soldier Billy Pilgrim recalls random moments of his life on Earth

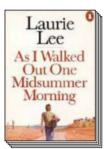
including his time as a POW. This classic will change the way you think about life, time and just about everything else.

Key line: "Like so many Americans, she was trying to construct a life that made sense from things she found in gift shops."

**29**FREEDOM, POSSIBILITIES AND AN UNWRITTEN FUTURE

As I Walked Out One Midsummer Morning

Laurie Lee



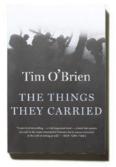
This simple tale follows a country lad who leaves home and boards a ship to Spain on the basis he knows the Spanish for "I'd like a

glass of water."

Key line: "I felt the unease of arriving at night in an unknown city—that faint sour panic which seems to cling to a place until one has found oneself a bed."

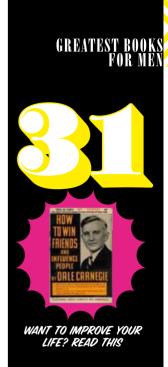
3

THE GRIM REALITY OF BATTLE The Things They Carried Tim O'Brien



There are only so many times you can watch *Apocalypse Now*, so why not delve into some outstanding Vietnam war fiction instead? Veteran infantry soldier Tim O'Brien's short story collection would be a good place to start. Expect camaraderie, humour and guts hanging from trees.

Key line: "A thing may happen and be a total lie; another thing may not happen and be truer than the truth."



How To Win Friends And Influence People Dale Carnegie

The original self-help book (it was written in 1936) How To Win Friends... still has plenty of lessons for getting on in life. More than anything it shows how being nice pays dividends no matter what your career.

## Three tips for now:

"You can make more friends in two months by becoming interested in other people than you can in two years by trying to get other people interested in you."

"Criticism is dangerous, because it wounds a person's precious pride, hurts his sense of importance and arouses resentment."

"If you want to know how to make people shun you and laugh at you behind your back and even despise you, here is the recipe: Never listen to anyone for long. Talk incessantly about yourself. If you have an idea while the other person is talking, don't wait for him or her to finish: bust right in and interrupt in the middle of a sentence."











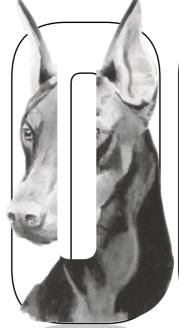


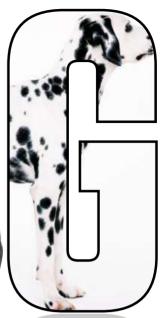
## upgrade

# WHAT'S YOUR

Much like your set of wheels, your choice of pet pooch talks volumes about your personality. Don't be seen with the wrong canine and be termed as a wuss. This is our list of top 7 low maintenance, friendly, loyal breeds that you would just love to get attention from!







## DOBERMAN PINSCHER

The breed originated in Germany and, well, that pretty much sums it up. Doberman makes for very alert and obedient companions. Their presence is, we admit, a bit

intimidating. They make for wonderful house pets as easily as they can be raised to be guard dogs. But ensure there is enough running around time for this one as they are born to sprint.



LABRADOR RETRIEVER

Our favourite on the list, labs are the cuddliest pooches. They are bratty and naughty through their growing up years but can get away with

anything with their teddy bear looks; but they are sharp as a whip. They are protective of the family members and of the children. There's a reason why they're the first choice for guide dogs for the disabled.

10-13 years

TEMPERAMENT
Alert, Obedient,
Loyal, Intelligent.

**LIFE SPAN** 







homes and are sorted to be

home alone for hours. Don't

forget to give them their

squeaky toy!

## **PUG**

This one needs a drumroll! Relatively unknown till Vodafone campaign happened, Pugs are the perfect little breed, which is relatively zilch on maintenance. They also shed next to nothing, have a diet that is negligible and need zero exercise. What else can one ask for? Oh yes! They are extremely loyal and love the company of people.

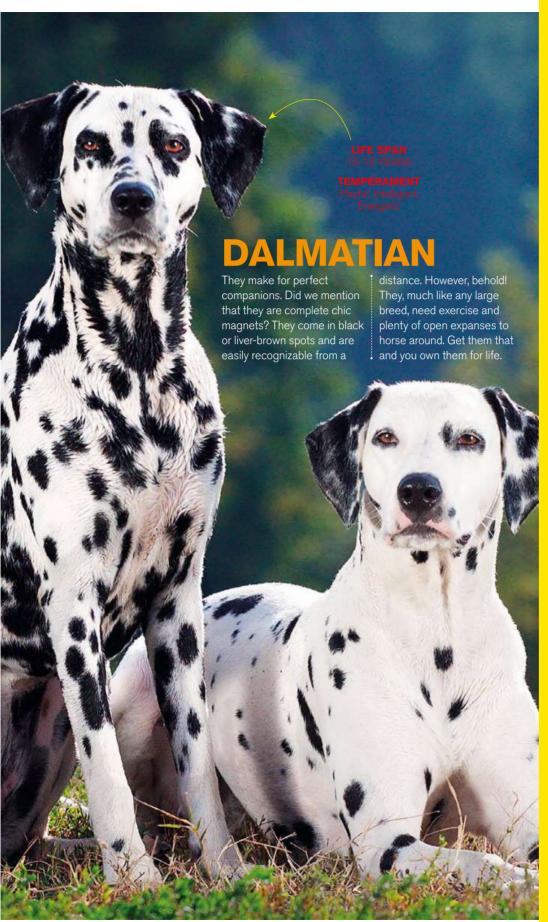
**LIFE SPAN** 

# 12-15 YEARS **TEMPERAMENT** Charming, Clever, Docile, Intelligent

## **BULLDOG**

They have been immortalised by Tom & Jerry cartoons but are nothing like their onscreen avatar. They look passive and are passive. Their charm lies in their ugliness. They tend to get overweight and that gets in the way of their moving around. But that's okay. They are ideal for working





## WHY DOGS REALLY ARE MAN'S BEST FRIEND

## IT'S BEEN EMOTIONAL

Dogs are the only critters in the animal kingdom that can read emotion in humans. Science types at the University of Lincoln found that after 15,000 years of domestication, dogs have developed the ability to tell if we're happy, sad or angry just by looking at our ugly mugs.

## **SUPER SNIFFERS**

Your dog could save your life, and not just by pulling you out of a burning building or by alerting someone that you're stuck down a well. French researchers found some breeds can be trained to detect prostate cancer, just by sniffing your piss.

## **CANINE CONNECTION**

Contagious yawning — when you yawn because the person you're with just has — is a subconscious way of displaying empathy for our fellow man, and the more empathy you feel for others, the more likely you are to yawn when someone else does. But dogs do this too, according to researchers at the University of Tokyo, showing that they are genuinely "emotionally connected" to people.

### **CLEVER GIRL**

Dogs can understand up to 250 words and signals, which linguistically makes them about as smart as a two-year-old human. This means they're able to fetch an item like a ball just by hearing the word for it. The smartest poochies are Border Collies, Poodles, German Shepherds and Golden Retrievers. The dumbest? Shaggy old Afghan Hounds.



BEAGL

Belonging to the Hound family of dogs, Beagles were originally used in The UK in duck hunts to catch and retrieve. But they make for excellent home dogs; with their short fur, friendly and docile

temperament and doe-eyes. However, don't be put off-guard by their adorable looks. Beagles require substantial amounts of exercise to keep them lean. They have a high tendency to put on weight.

## TREAT YOUR MEAT

HOLY FUCK
HOT SAUCE

200ml
MADE IN ENGLAND BY THE RIBMAN LTD

Your flame-cooked meat slabs may be barbecue stars but they're nothing without these supporting sauces









#### 01 CURSE LIKE A PIRATE

At a little snack party at our *FHM* den, we got a hamper from our UK team. A tiny little taste, but enough for us to enter a beautiful near-death experience. Holy Fuck Hot Sauce,

£5, theribman.co.uk

#### **02** SLATHER ON THE BOSS

This is still the king. Slap it in, on and around any pork in squirting distance. Sweet Baby Ray's, sweetbabyrays.co.uk

#### 03 WORK IT OFF

It takes about 10 minutes of light jogging to burn off a tablespoon of mayo. A devastating 10-0 footy thrashing against your toddler cousin should do it. Hellman's Mayonnaise, £2.50, sainsburys.co.uk

#### **04** CALL THE FRENCH

Getting mustard in your eye sucks at the best of times, but now French's have added cayenne pepper to their bottle, it's agony. French's Yellow Spicy Mustard, £1.59, tesco.com

#### **05** SMASH YOUR STEAKS

Rule one of cooking a steak: only add pepper *after* it's cooked to perfection. Pepper burns, making your meat flesh taste acrid.

Black Peppercorns, £2,tesco. com

#### **06 THANK JACK**

We live in a world where you can actually *eat* whiskey. This is the stuff dreams are made of.

Jack Daniel's Tennesse Honey Barbecue Glaze, £1.50, tesco.com

#### **07 HAIL THE RED STUFF**

Here's a classy alternative to Heinz that you can bust out if the in-laws invite themselves over. Tiptree Ketchup, £2.10, sainsburys.co.uk

#### **08 BRING THE WINGS**

No bro-tastic BBQ is complete without teethmeltingly hot chicken wings. If you've got anything but this on 'em, you may as well pack up now.

Frank's Red Hot Wings Sauce, £1.49, tesco.com



#### 09 ENTER THE BIG TIME

To truly master the barbecue, you'll need to up your salt game, and this is the Champion's League of sodium chloride. Maldon Smoked Salt Flakes, £1.50, sainsburys.co.uk

#### 10 POKE YOUR FISH

Fish is an underrated gem on the grill and requires no more than seasoning and oil. Post-cook, though, add a smidge of this. Yutaka Wasabi Paste, £1.99, sainsburys.co.uk

#### 11 ADD ACID

Not only is this essential for a pro blue cheese dipping sauce, but it's also your secret ingredient for cleaning the muck off your grill when you're done.

Aspall Classic Cyder Vinegar, £1.50, aspall.co.uk

#### **12 EAT YOUR GREENS**

First person to hilariously say, "Hey, that looks like your dick!" when these get pulled out earns himself washing-up duty. Mrs Elswood Cucumbers, £1.35, waitrose.com

#### 13 EMBRACE THE NEW

Grill masters around the globe have just started to line up garlic granules as seasoning for burgers alongside their salt and pepper. Try them. Garlic Granules, £1.65, tesco.com

#### **14 DIP YOUR LEGS**

Yeah yeah yeah, cola is really bad for you, but this stuff is really good for your chicken drumsticks.

Tabasco Chipotle Cola, £2, sainsburys.co.uk

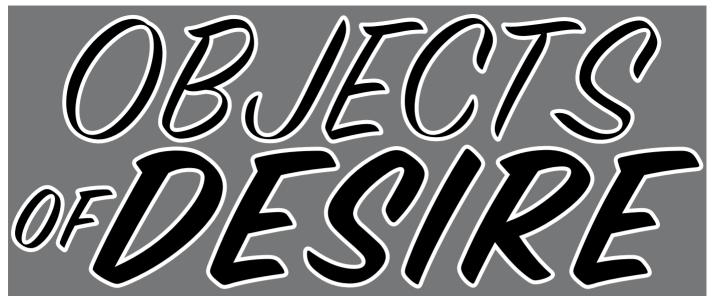
#### 15 GRAB A PONCHO

Less about heat and all about flavour, go nuts with this Mexican winner over anything - even your hungover eggy breakfast. Cholula Original, £1.69, waitrose.com

#### **16 EMBRACE** SPICE NERDISM

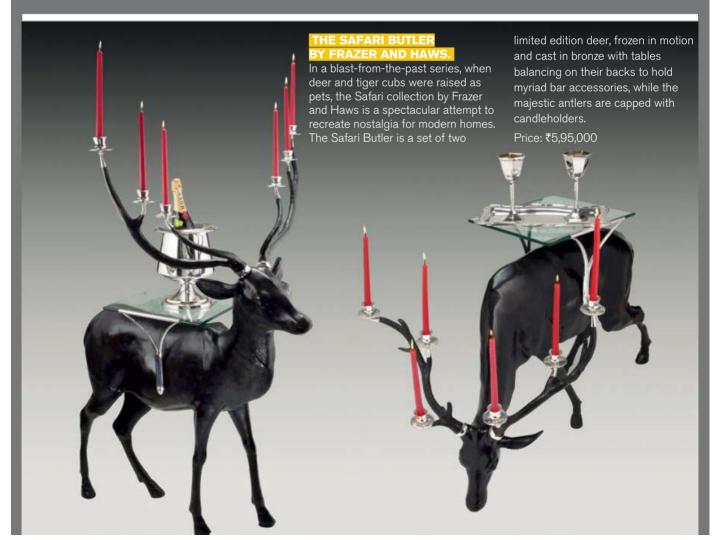
The only thing cooler than the taste of this on a chicken thigh? Sriracha, the award-winning doc all about its brill history. Flying Goose Sriracha Hot

Sauce, £2.50, tesco.com



If you've always dreamt of becoming the ultimate man, upgrade your aspirations NOW! Memorise everything on this list and work your smart-ass off to eventually own these...

OBJECTS OF DESIRE.





#### **MARINEMASTER PROFESSIONAL SBEX001.**

This 50 year anniversary edition of Seiko's very first hi-beat diver's watch resembles the first diver's watches from the 1960s, but the specifications are the most advanced in the field. Each watch comes with both a titanium bracelet with extender, and a black extrastrength silicone strap. Offered in a special presentation box, just 700 pieces have been made available, each with its own serial number.

Price: ₹4,64,000 (approx)

#### **VERTU ASTERS.**

Aster is the new, quintessentially English smartphone from Vertu, the English manufacturer of luxury mobile phones. Handmade and finished by craftsmen, using the most luxurious materials, in an exquisite palette of colours, its beauty of design and simplicity of use belie the cutting edge technology at its heart. The new handset features Dolby Digital Plus virtual surround sound and Hasselblad certified imaging.

Price: ₹4,75,000





The latest from the German acoustics firm promises a massive bass and clear treble. Do they come anywhere close to delivering? Hell yeah!

#### **COLOURS AVAILABLE**

Black, Denim, Sand, Olive & Nation **DEVICES** 

iPhone/iPad/iPod, Samsung Galaxy, LG, HTC, Sony and other devices CONNECTOR

3.5mm plug

Ithough dubbed as Urbanite XL, Sennheiser is not venturing into making different-sized tshirts. It just highlights that these are the larger of the two models in the Urbanite range. The standard Urbanites are smaller, on-ear models. While the XLs boasts of bigger earpads, better suited to fit on your ears and downgrade the outside world noise very subtly.

#### **BUILD AND DESIGN**

The Momentum headphones were Sennheiser's attempt to build a more stylish and hip headphones set, but the new Urbanite headphones take a more practical approach with a foldable headband and sharper design lines. However, one thing that's the same is Sennheiser's commitment to good audio and comfort, which the Urbanites more than deliver. Despite looking

#### **upgrade**

## of XL



**Polk Audio Buckle**Heavy hitting bass with built-in iOS control makes it a good option.



Turtle Beach Ear Force I60
Wi-Fi and Bluetooth for wireless at home and on the go with hidden microphones.



**Phiaton Fusion MS430**Chic and stylish design with bold treble.



**SOL Republic Tracks Air**Cool and comfortable design with clear
and powerful sound.



SENNHEISER

RATING 8/10

bulky and seeming relatively heavy, they don't feel as bulky when worn. With solid built, chunky hinges and slick slider mechanism, the headphones give an impression of quality and ability to withstand bumps and bruises. The black denim finish on the headband looks classy and the cushion inside rests fine on the head without hurting it. A long cable without tangles is a relief while the angled jack at the smartphone ends keep things subtle. However, the three button remote in the cable is unnecessarily large and awkward. Thanks to the smart sliding mechanism on the headband, it is easy to fit the headphones in the right place and the bigger ear pads are a good fit in terms of comfort and noise separation. The XL's outstanding flexibility allows it to bend over backwards for you again and again. Its supple, foldable design allows for pleasuring listening and its collapsible sides allow it to cuddle perfectly into its storage pouch.

#### **PERFORMANCE**

The back of the box says 'massive bass and clear treble' and we can't argue much with that. The over-ear Urbanite XL sounds substantially bigger, clearer and more spacious than on-ear Urbanite. The difference between Urbanite XL and Urbanite are very obvious. The XL has a sound what some may call the classic Sennheiser sound. It's smooth yet detailed and plays well on all music genres. Play Michael Jackson's *Smooth Criminal* and there is a plenty of grunt in evidence.

There is an impressive sense of solidity and power behind each drum hit. The XL doesn't hold back anything. There is no mud down there and the XL's bass texture, buoyancy and energy are first class. The XL's bass oomph,

are first class. The XL's bass oomph, dynamics and sound-stage ability are impressive too. They favour a more neutral approach that the rich balance of Phillips M1MKIIs.

#### **VERDICT**

The Sennheiser
Urbanite XL is a
well-designed
Beats competitor,
which costs less than
its rival. The warm and
balanced sound profile is
what we loved and it's
certainly worth a mention
when it comes to dynamic
headphones with quality bass.

Words: Sudhakar Jha



#### LG'S NEW FLAGSHIP IS CLOSE TO PERFECTION AND THERE ARE A LOT OF SPECS THAT WILL MAKE YOU BUY IT INSTANTLY, BUT ARE YOU READY TO SHED HALF A LAKH ON THIS BEAUTY?

ith the evolution of the smartphones, it has become increasingly difficult for companies to sufficiently differentiate their products from the competition. LG has managed to do that with varied degree of success. Their flagship products have been following a design layout that is distinctly their own. With LG G Flex, they pushed their design limits by moving the buttons to the back and they have done it again with G4. Let's find out if LG gets the tag of best android smartphone with this one...

Buttonless sides made G3 a distinct smartphone and G4 carries on with the same design. So, we got used to the back power button quickly because the double tapping on the screen to wake it up helped us not to reach the phone's back time and again. With leather back, it turned heads wherever it went and we give it up to LG for creating yet another unique design. LG claims that the G4 is 20 per cent more durable than other smartphones as the back is raised and tapers towards the edges.

The 5.5 inch LCD display of G4 is similar to that of G3 in terms of size and resolution, but with enhanced brightness and improved colour reproduction, G4 has several behind

the scene tweaks. In side-by-side tests, G4 has better display than many phones in the same range.

#### SOFTWARE

G4 runs the Android 5.1 Lollipop with the brand new LG UX 4.0. The new UI is simpler and the bundled Gallery app, for example, now comes with features like Memories, which groups pictures and videos from an event like a trip. The most useful addition of the software is Smart Settings. It lets users automatically change setting based on their location. For example, setting your wi-fi off as soon as you leave your home! That's cool, isn't it!

#### HARDWARE AND CAMERA

The device is equipped with Qualcomm's 64-bit, hexa-core Snapdragon 808 processor, which has a clock speed of 1.8GHz, a 3,000mAh removable battery and 3GB of RAM. You'll also get NFC support that works in conjunction with services like the Google Wallet, 32GB of on-board storage and a microSD card slot that can hold up to 2TB. As you'd expect, the G4 handled everything with aplomb.

G4 is loaded with a 16-MP rear camera with an f/1.8 aperture, by which LG means that the camera can take in about 80 per cent more light than smartphones with better aperture. The image quality is as good as some of the best Samsung flagships, with pictures taken under adequate light show some excellent details. Surprisingly, the G4 works well in low light as well, with the wider aperture indeed helping a lot. The new manual camera controls let you adjust focus, brightness and white balance with more precision.

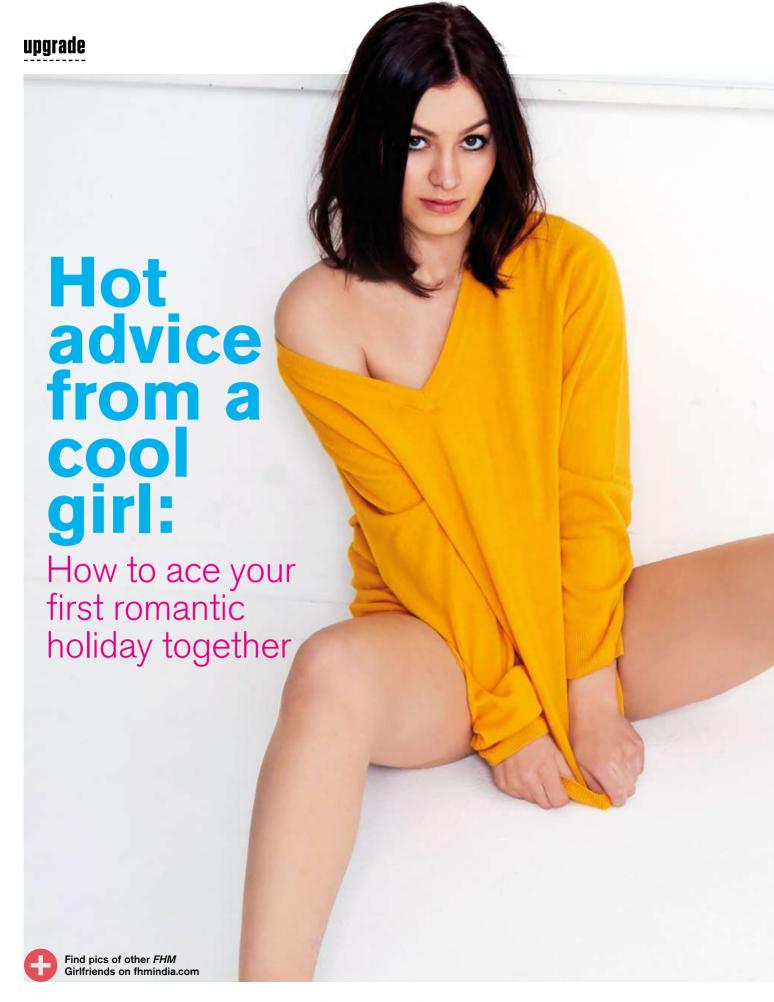
#### **BATTERY LIFE**

with a 3000mAh battery you'd expect it to go all guns blazing and still be left with a few percentages when you reach home, but it struggled to get through. According to the battery usage, the HD screen sucked in most of the juice. While charging the phone does get a bit heated and LG should take a note of that. The G3 too had similar problems and it seems they haven't learned anything from that.

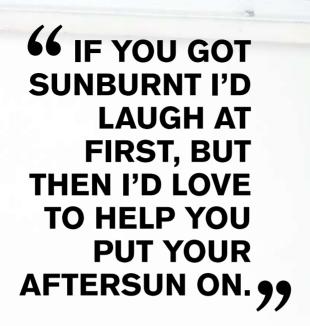
#### VERDICT

G4 ticks many right boxes with unique design, excellent display and a camera that's right up there in terms of quality. But battery life disappoints big time and the software too needs a little bit of stitching. With the price that G4 has come, Rs 51,000, the Samsung Galaxy S6 and HTC sound much better for an alternative.









# Girlyriena FEATO

You've met a beautiful girl, and it's all going well. In a fit of alcohol-induced madness, you book a surprise holiday. Then you realise you'll have to spend the whole week trying to impress her. Luckily, Rebecca is here to help...

fhmindia.com



## On the first night, the local sleazeball tries to muscle in on her

"Getting chatted up by the locals is something every girl has to put up with when they're away. Obviously, it's awkward if I'm there with you. The best way to handle it is to give the guy a talking to, without being violent. If he isn't listening you can be more forceful, but no girl is impressed by a man who uses his fists before his brain."



## You've fallen asleep in the sun and the results aren't pretty

"I think it's OK for a guy to admit he's sunburnt to shit. If you're bright red it's a bit difficult to hide the fact you're in pain! I'd laugh at first, but then I'd love to help you put your aftersun on. I've never drawn a dick on someone's back with suncream when they've fallen asleep – that'd be too mean."



#### You take her to the bar where you got smashed last year, but she isn't very keen

"I'm quite adventurous, so if a guy wanted to take me to places he'd already been, it might put me off. I'd want to go out exploring, and no one wants to feel like a guy's had a better time there with someone else. Take me somewhere new and we can be adventurous together."







#### You're having second thoughts about your beach attire

"As long as you don't wear Speedos, I don't care what you put on. Italian-style short shorts are fine. Board shorts are fine. I just don't want to see any more than that exposed. You can wear pink shorts and carry a Disney beach towel, just don't wear Speedos."



#### Your wandering eye gets you in trouble on the beach

"It's natural to look at other people on the beach and women do it just as much as guys. Wearing sunglasses would make it better, but it's still obvious what you're up to. If you get caught, you should come out with a compliment: tell me I've got a better bum."



#### You want to engage in some risqué outdoor activities

"Having sex outside on holiday is exciting. My friend did it in the sea with loads of people around her. She didn't get arrested, so that's a win. Outdoor sex has to be risky, but not so risky that you're going to get caught. I'd go with the sea. I love the sea."

## 

#### 10 SIGNS YOU'VE BEEN DRINKING IN THE SAME PUB TOO LONG



### THE BARMAID HAS BECOME INEXPLICABLY ATTRACTIVE

Freud would have had a few things to say about the mysterious sexual prowess possessed by barmaids. Better start drinking somewhere new before you accidentally say, "I love you, Mum" instead of "Pint of Guinness, please."

#### YOU DON'T REMEMBER HOW YOU GOT THERE

One minute you're picking up a reduced Dr Oetker pizza in Morrisons... three hours and four pints later, you're in the local playing Deal *Or No Deal, alone.* 

## CIDER IS BECOMING ONE OF YOUR 'FIVE A DAY'

Your idea of a meal out is two bags of crisps spliced open to make a 'pub salad' and a pint of nutrient-rich stout. "Meal in a glass, mate..." you say confidently, even though there's no one else at your table.

## YOU HELP OUT WITH ODD JOBS

In the slim hope that the landlord will let you have a sneaky lock-in, you've started helping him put the chairs on the tables each night. When he asks if you're free to scrub the cellar next Saturday, it's time to find a new boozer.

#### O6 YOU'VE SEEN THE 'PUB GHOST'

You've noticed a mystery woman in a shimmering old-style dress on more than one occasion. Granted, those occasions involved drinking neat rum, but why let that get in the way of a good yarn?

#### O5 YOU KNOW HOW MUCH THINGS COST

While the bloke behind the bar is totting up two pints of San Miguel and a pack of McCoy's, you've neatly piled up ₹970 in shrapnel on the drip tray. See also: faux-outrage when the price of a pint goes up by 5p annually.

## 04 THERE'S A PICTURE OF YOU BEHIND THE BAR

Remember gate-crashing the staff Christmas party? They sure do. Maybe you need to start frequenting Costa a bit more instead.

## THE PUB HAS CHANGED BEYOND RECOGNITION

Once upon a time there used to be a jar of rancid pickled eggs on the bar and knife marks all over the upholstery. Now you'll need a Wonga loan just to afford a fish finger butty. Get out before they offer you the gin menu.

## 02 THE PUB HAS BECOME A TESCO EXPRESS

Yet you're still drinking there. Such is your attachment to Ye Olde Crown that when it got flogged off to a supermarket chain you vowed to make a boozy stand by downing Kronenbourg in the pet food aisle, all day, every day. Marks all over the upholstery. Now you'll need a Wonga loan just to afford a fish finger butty. Get out before they offer you the gin menu.

#### O1 YOU'VE HAD A LETTER PUBLISHED IN WETHERSPOON NEWS

With no phone signal, the letters page of Wetherspoon News is often your only form of mental stimulation. When you find yourself writing in about how you're not a fan of the new urinal cakes, it could be time to move on. Or at least take your own magazine in. Ahem.



Words: Si Cunningham





#### **FOR MESSING WITH AN ICON**

#### Presenting the New Thar CRDe.

- New Mechanical Locking Rear Differential
- New Bumpers, Wheel Arches and Side Footsteps
- New Canopy and Clear Lens Headlamps
- All New Interiors New Dual-Tone Dashboard, Premium New Seats, New 3-Pod Instrument Cluster, New Floor Console with Cup Holders, New AC Vents, New Door Trims and New Steering Wheel

